

**CURRICULUM VITAE**  
**CAROLYN F. A. DEAN M.D., N.D., C.N.**

Dr. Carolyn Dean is a medical doctor, naturopathic doctor, herbalist, acupuncturist, nutritionist, lecturer, consultant, and author and coauthor of 30 health books.

**EDUCATION**

- 1973:           **B.Sc.** (Biology), Dalhousie University, Halifax, NS
- 1973-4:           Pre-Med, Dalhousie University, Halifax, NS
- 1974-7:           Medical School, Dalhousie University, Halifax, NS
- 1977-8:           Fourth year Clerkship, McMaster University, Ontario
- 1978:           **M.D.** Dalhousie University (top third of class)
- 1978-9            Internship, Mount Sinai Hospital, Toronto, Ontario
- 1996:           **C.N.** Certified Dietitian-Nutritionist
- 1997            **N.D.** Naturopathic Doctor, Ontario College of Naturopathic  
Medicine (Attained 1981, Conferred 1997)
- 1997:            Medical Acupuncture, UCLA-Dr. Joseph Helms
- 1997-2000:       Chinese Herbal Medicine-Intensive Study with Jeffrey Yuen plus  
Transcribing and Editing for Publication
- 2007-present     Total Biology with Dr. Gilbert Renaud
- 2009-present     Doctor of the Future Publications

**ONGOING EDUCATION**

- 2009-present:     Ongoing work with iON. [www.howionic.com](http://www.howionic.com).
- 1979-present:     Ongoing study and research in Homeopathic-Acupuncture,  
Acupuncture, Anti-Aging Techniques, BEST Technique, Bowen  
Technique, EFT, Chelation Therapy, Herbology, Homeopathy,  
Hydrotherapy, Jungian Psychotherapy, Manual Therapy,  
Neurolinguistics, Nutrition, Physical Medicine, Total Biology, Law  
of Attraction.
- 1997-00:           Intensive study with Jeffrey Yuen, Taoist priest and Chinese  
medicine scholar.

- 1979-98: Annual seminars by Jeffery Bland Ph.D. on Nutrition.
- 1993: Apprenticeship with Dr. Walter Fischman in Chinese Herbal Medicine, Acupuncture, Homeopathy and Preparation of MIHR Formulas,
- 1990: Trained in the MIHR Technique (Magnetically Influenced Homeopathic Remedies)

## **WORK EXPERIENCE**

- 2009-present Doctor of the Future Publications
- 2009-present Medical Director The Nutritional Magnesium Association
- 2006-present Wellness Telephone Consulting Practice
- 2004-present Medical Advisor to [www.yeastconnection.com](http://www.yeastconnection.com) Featured on "Ask An Expert" page.
- 2004-present Associate Editor Total Health for Longevity magazine.
- 1999-present Advisory Board for Natural Health magazine.
- 2002-2006: Halo Works producing Halo Work Cleanse herbal tinctures and Body Rejuvenation Cleanse Workshops.
- 1999-03 Media Consultant and Spokesperson for Weider Publications, Natural Health Magazine.
- 1999-01 Collaborating with Jeffrey Yuen, Chinese Scholar and Taoist Priest on writing projects.
- 1998-present Clinical Research Director of Homeopathic Pharmakeia, Ltd.
- 1995-98: Consultant for Corsello Centers on the MIHR (Magnetically Influenced Homeopathic Remedies) modality through Whitson Laboratories.
- 1993-97: Research and Clinical Director of Whitson Laboratories-formulator of herbal, cream and injectable homeopathic remedies.
- 1979-91: Self-employed as general practitioner in private practice.
- 1973-74: Part-time Research, Biology Dept., Dalhousie University.

1972: Lab Technician. Mobile Field Unit. Dept. of Environment, Nova Scotia.

## **APPOINTMENTS**

2008-present Medical Director Nutritional Magnesium Association

2000-present Board of Directors Marshall McLuhan Institute

2000-2006 Board of Governors Canadian College of Naturopathic Medicine.

1999-2007 Children's Movement for Creative Education - Board of Directors

1998-2002 Woman for a Safe Future - Board of Directors

1998-2000 New York Chiropractic College, Associate Professor, Post-Graduate School

1998-2000 Member of the Canadian College of Naturopathic Medicine's Renaissance in Health Care for the 21st Century Steering Committee

1996-2000 American Medical Women's Association, Complementary Medicine Task Force

## **ORGANIZATIONS** (past and present)

American Academy of Medical Acupuncture  
 American Academy of AntiAging Medicine  
 American Women's Medical Association  
 Canadian Acupuncture Foundation  
 Canadian Holistic Medical Association, Board of Directors  
 Canadian College of Naturopathic Medicine, Board of Directors  
 Canadian Orthopedic Medicine Association  
 Canadian Schizophrenia Association  
 Candida Research and Information Foundation, Board of Directors  
 Children's Movement for Creative Education, Board of Directors  
 DIVA Foundation, Board of Directors  
 Elmwood Club  
 Mount Sinai Hospital Associate Staff  
 Ontario College of Naturopathic Medicine  
 Ontario Medical Association

## BOOKS and PUBLICATIONS

2011: *Magnesium: The Missing Link A Better Nutrition Healthy Living Guide*. Active Interest Media, Inc.

Foreword to *Become a Wellness Champion* by Pam Bartha.

*Self Care for Life*. Co-Author. F+W Media, Inc.

*Best You Ever*. Co-Author. F+W Media, Inc.

Foreword to *The Vitamin Cure For Women's Health Problems* by Helen Saul Case.

2010: *How to Change Your Life with Magnesium* eBook.

*Future Health Now Encyclopedia* eBook.

*Kids' Health: A Doctor's Guide for Parents* A Better Nutrition Healthy Living Guide. Active Interest Media, Inc.

Foreword to *Naturally Well* by Dr. Randall Hardy. Self Published.

2009: *Future Health Now* Online Wellness Program

Co-author "IBS Cookbook for Dummies" Wiley Publishers.

Quoted in *Radiation Rescue* by Dr. Kerry Crofton. iUniverse Publications.

*365 Ways to Look- And Feel- Younger: Everyday Tips to Reduce Wrinkles, Improve Memory, Boost Libido, Build Muscles, and More!* Co-author. Adams Media.

*365 Ways to Boost Your Brain Power*. Co-Author. F+W Media, Inc.

The Power of Persistence (chapter in) *The Path of Least Resistance*. Editor: Justin Sachs.

2008: Author of *VidaCosta Good Health Encyclopaedia* eBook.

Author of *Death by Modern Medicine: Seeking Safe Solutions* eBook.

2007: Author of *The Magnesium Miracle* Random House.

Co-Author of *Solve It With Supplements* Rodale Press.

Acknowledged and Quoted in *Hypoglycemia For Dummies* by Cheryl Chow, James Chow, M.D.

- Introduction to *Lutein and its Partner: Zeaxanthin*. People's Health Series.
- 2005: Co-Author *The Complete Natural Medicine Guide to Women's Health* Robert Rose Pub.
- Co-Author *IBS for DUMMIES* Wiley.
- Co-Author *Yeast Connection and Women's Health* Professional Books.
- Author *Hormone Balance* Adams Media
- Author *Death by Modern Medicine* Matrix Verite.
- Contributing Author *Stopping Inflammation: Relieving the Cause of Degenerative Diseases* by Nancy Appleton, PhD.
- 2004: Author *Everything Alzheimer's*. Adams Media.
- Editor and Introduction *1,801 Home Remedies: Trustworthy Treatments for Everyday Health Problems* Reader's Digest.
- Author *Comprehensive Nutrient Review* at [www.garynull.com](http://www.garynull.com) Jan.
- Featured in *Women to Women* by Christina Lessa. Rizzoli International.
- 2003: Author *The Miracle of Magnesium* Ballentine Books. New York, NY.
- Author (Cancer Chapter and Brain chapter) in *Power Aging* by Gary Null.
- Author *Death by Medicine* at [www.garynull.com](http://www.garynull.com) Dec.
- 2002: Quoted in *Natural Calm* by Liz Shimer. Rodale Books.
- Quoted in *Win the Sugar War* by Liz Shimer. Rodale Books.
- Quoted in *Mother Nature's Miracle Medicines* by Liz Shimer. Rodale Books.
- 2001: Author *Natural Prescriptions for Common Ailments Second Edition*. Keats/McGraw Hill.
- Contributor to: *Ask the Experts: 2500 Great Hints and Smart Tips from the Pros*. Reader's Digest.
- 2000: Author Yoga Chapter and Acupuncture Chapter in: *Clinician's Complete Reference to Complementary & Alternative Medicine* ed. Dr. Don Novey. Mosby, St. Louis, Missouri.

- Foreword to *Herbal Healing Secrets For Women* by Laurel Vukovic. Prentice Hall, NY.
- Foreword to *A Call to Women* by Sat Durham Kaur. Quarry Press, Ontario.
- Quoted in: *Alternative Medicine Guide* by Bill Gottlieb.
- Featured in *Women to Women* by Christina Lessa. Rizzoli International.
- 1999: Author *Homeopathic Remedies For Children's Common Ailments*. Keats Publishing, New Cannan, CT.
- Quoted in: *Women's Health Series: Alternative Medicine Guide II*. Edited by Burton Goldberg and Alternative Medicine Digest. Future Medicine Publishing, Inc. Tiburon, CA.
- 1998: Quoted in: *Women's Health Series: Alternative Medicine Guide*. Edited by Burton Goldberg and Alternative Medicine Digest. Future Medicine Publishing, Inc. Tiburon, CA.
- Acknowledged and Quoted widely in: *The Healthy Type A: Good News for Go-Getters* by Kerry Crofton, PhD. Macmillan Canada, Toronto.
- Quoted in *Natural Treatment of Fibroid Tumors and Endometriosis: Effective Natural* by Susan M. Lark.
- 1997: Forward to *12 Magic Healers* by Lionel Rophe and Nigey Lennon. Keats Publishing, New Cannan, CT.
- 1996: Forward to *Free to Fly* by Judith Ratharty. New World Publishing, Halifax, Nova Scotia.
- Acknowledged and Quoted in: *Breast Cancer? Breast Health!: The Wise Woman Way* by Susun Weed. Ash Tree Publishing. Woodstock, NY.
- 1995: Forward to *Family Homeopathy* by Paul Callinan. Keats Publishing, New Cannan, CT.
- Author *Menopause Naturally*. Keats Publishing, New Cannan, CT.
- 1994: Author *Dr. Dean's Natural Complementary Prescriptions for Common Ailments*. Keats Publishing, New Cannan, CT.
- Quoted in: *Take Charge of Your Body* by Dr. Carolyn DeMarco. The Well Woman Press. Winlaw, B.C.
- 1991: Author *2000 Cases of Candidiasis*. Toronto: Perfect Pitch Editions.

1989: Author *When You Can't Reach The Doctor*. Toronto: Perfect Pitch Editions, Distributed by Alive Books.

1988: Foreword to *Naturally Well* by Dr. Randall Hardy, McClelland and Stewart.

## **JOURNALS, INTERVIEWS AND FEATURED ARTICLES PRINT AND ONLINE**

2012: Quoted in "[Difference Between Magnesium Oxide & Magnesium Citrate](#)." On eHow.com.

"The History of Influenza." Total Health Magazine. Jan 10.

Quoted in "Balance your Secret Fat-Loss Hormone." Oxygen Magazine. Jan 27.

Quoted in "Preventing Seasonal Affective Disorder." in American Cheerleader. Jan/Feb.

Quoted in "Natural Remedies: Special Health Issue". Hudson Valley Journal. Feb.

Quoted in: "[Bone and Joint Care Primer](#)." Whole Foods Magazine. Feb.

Quoted in "[Magnesium: An Effective Holiday Stress Buster](#)." in Living Naturally Magazine.

Quoted in "Menopause Therapies." In Jewish Exponent Newspaper. Feb.

Quoted in "Top Kids' Supplements: The most important nutrients your child may be missing." Delicious Living. May.

[Dietary Magnesium and Stroke Prevention](#). Natural Medicine Journal. Feb 6.

Quoted in "[Foods That Fight Allergies](#)." Everyday Health. Feb 23.

"Healthy Snacks." In Good Health is Real Wealth. Newsletter for The JPT Wellness Circle. Mar.

"High Calcium – Low Magnesium Consumption Poses Health Risk, Says Dr. Carolyn Dean." Reuters. Mar 20.

"Healthy Snacks." In Good Health is Real Wealth. Newsletter for The JPT Wellness Circle. Mar.

Quoted in "[Supergreens](#)." In Experience Life Magazine April.

Quoted in "[5 Expert Tips for Dealing with Redness](#)." In StyleUnited.com. Apr./May.

Quoted in "Malady Makeover: Post-Cancer Parents." By Linda Melone in Energy Times. May.

"Calcium Intake Without Magnesium Is A Health Risk." Science of Supplements: Summer Edition. Vitamin Retailer. May.

"Quoted in [Magnesium's Many Heart Health Benefits](#). Wellness Times Online. May.

"[Mammogram or Diagnostic Medical Thermography - Which One Do YOU Choose?](#)" Guest Blog with Kathi Casey. May 17.

"[Understanding Calcium Magnesium Ratios](#)." for Wellness Times. May 24.

"Quoted in "[You're right: Chicago's traffic noise could be raising your blood pressure](#)." in Medhill Reports. June

Quoted in "[Magnesium: Misunderstood Mineral](#)." Better Nutrition. June.

"[Study Suggests Calcium a Heart Risk](#)." Whole Foods Magazine. June 4.

Quoted in "[Marvelous Magnesium: Long overshadowed by its symbiotic sister calcium, this mineral's star is finally rising](#)." By Katie Sandberg for Whole Life Times. June 5.

Quoted in "[Micronutrients Shown to Reduce Death rate and Increase Our Ability to Fight Fat](#)." by CaltonNutrition. June 19.

Quoted in "[The Magnificence of Magnesium](#)." Wellness Times Online. July 2.

Quoted in "[Our Favorite Skin Care Tips](#)." On Wellness Times. July 5.

Quoted in "Magnesium Releases Fat and Stress." FIRST For Women Magazine. July 7.

2011: Quoted in "Low Magnesium Linked to Alzheimer's." Remedies Magazine. Jan.

Quoted in "[How to Prevent and Treat Colds in Daycare or Preschool](#)" in Own a Daycare. Jan 3.

Quoted in "[The Dangers of Alcohol Drinks with Caffeine](#)" on Lifescript online. Jan 26.

Quoted in "[Vitamins For Spider Vein Treatment](#)." At Lifestrong.com. Feb 2.

"[Pharmacogenomics, The Next Frontier In Medicine?](#)" Naturalnews.com. Feb 11.



["Rest Therapy."](#) Syracuse Natural Health Examiner. On the Howard Mandel News Service. Feb 12.

["Homeopathy for Children's Emotional Health."](#) Naturalnews.com. Feb 14.

["Pain-for-Profit Industry Booming."](#) Naturalnews.com. Feb 15.

["The Magnesium Chronicles."](#) Naturalnews.com. Feb 18.

["Helping Someone in the Hospital."](#) Naturalnews.com. Feb 24.

["Heartburn and the Heart."](#) Naturalnews.com. Feb 28.

["Association of Oral Magnesium with Type-2 Diabetes."](#) In Abstracts & Commentary. Natural Medicine Journal. Mar 1.

["Blinded by Science."](#) Naturalnews.com. Mar 14.

"8 Recipes To Fight Aging: Vibrant Herbs Can Instantly Add Fabulous Flavor To Superfoods" The Herb Companion. Mar/Apr

["The Perpetual Search for a Hangover Remedy, Loading Up on Vitamins and Minerals."](#) On Everyday Health. Apr.

"Magnesium for Migraines." Natural Rx Column Vegetarian Times. Apr.

["Selling Out Supplements."](#) Naturalnews.com. Apr 8.

["Yeast and Chronic Inflammation."](#) Naturalnews.com. Apr 14.

["Epidemic of Sleep Apnea."](#) Naturalnews.com. Apr 15.

["The Medical Monopoly: It's Not About Who's Right or Wrong But Who's On Charge."](#) Naturalnews.com. Apr 29.

Quoted in: "Treating GERD Naturally." Natural Health Magazine Apr/May.

"Diagnostitis and the Power of Words." Naturalnews.com. May 11.

Quoted in "Foods That Are Muscle Relaxants." On Lifestrong.com. May 12.

"Cancer Testing Outstrips Allopathic Treatments." Naturalnews.com. May 12.

Quoted in: Natural Calm Wins 2011 Vity Award. May 16.

["Summer Skin Care Secrets Revealed."](#) Chic Galleria. May 19.

Quoted in: ["Pregnant Pause"](#) Natural Health Magazine. June.

Quoted in: "[8 Vices that are Good for You. Health Boosts disguised as Health Busts.](#)" On Everyday Health. June.

[What You Need to Know about Natural and Artificial Hormones](#) in Diet Review online. June.

"[Vitamin D Activity, Magnesium Levels Linked.](#)" Press Release NMA. June 24.

Quoted in, "[Antibiotics Beat Cranberries at Fighting Urinary Tract Infections in Study.](#)" US News. July.

Quoted in: "Kids Supplement Guide." Natural Foods Merchandizer. July.

Quoted in: "Unconventional Ways to Boost Brain Power/Health." Your Health Magazine. July.

Quoted in "[How to Avoid 5 Health Travel Mistakes.](#)" On Lifescript. July 1.

Quoted in "[Magnesium Orotate Vs. Magnesium Citrate.](#)" On Lifestrong.com. July 20.

Quoted in: "[13 Ways to Lose Belly Fat.](#)" On Lifescript online. July 21.

Quoted in "[Get an Effective Natural Insect Repellent.](#)" On Lifescript. July 30.

Quoted in, "Genetic Engineering in Paradise" in Organic Connections Update. July/Aug.

Quoted in "[What Is Magnesium Potassium Aspartate Good For?](#)" On Lifestrong.com. Aug 8.

Quoted in "[5 Colors to Pile on Your Plate.](#)" in Men's Life Today. Aug 25.

Quoted in "Heard by the Editor: Magnesium and Vitamin D" in Bottom Line Health. Sept.

"Mind Over Back Pain" reference article used in the *LifePower Yoga Teacher Training Manual*. Sept.

Quoted in "[Safe Dose For Adults of Magnesium Oxide.](#)" On Lifestrong.com. Sept 3.

"[Calcium Supplementation Without a Proper Balance of Magnesium Can Increase Risk of Heart Attack, Osteoporosis and Kidney Stones.](#)" Nutritional Magnesium Association. Sept 13.

Quoted in, "The Tiredness Cure: Sinusitis and Yeast" First for Women Magazine.

Oct.

Quoted in "How to Stay Healthy" National Education Association's members site.  
Oct.

Quoted in "[Fitness for Health: Whittle your Work Weight.](#)" On BluePrint4health.  
Oct 7.

Reprint and Comment "[Treatment for Common Colds and Flu.](#)" Syracuse Natural Health Examiner. On the Howard Mandel News Service. Oct 15.

"[Vitamins and Minerals Lower Risk of Mortality – Study Confirms.](#)" Press Release, PRNewsWire. Nutritional Magnesium Association. Oct 20.

Quoted in "[Way To Go: Overcoming Constipation.](#)" in Experience Life (print and online) Nov.

Quoted in "News You'll Use about Nocturia." in FIRST for Women magazine. Nov.

Quoted in "[Detox The Body Of Radiation Naturally.](#)" in NaturallySavvy's newsletter.

Quoted in: "[Tightening the Diabetes Belt.](#)" On Risk&Insurance.com.

2010: Ongoing interviews, and quotes in FIRST for Women and Women's World.

"[The Magnesium Miracle.](#)" Ben Greenfield Fitness. Podcast.

"Supplemental Knowledge" Natural Health Magazine. Feb.

Quoted in: "[Reduce High Cholesterol with Nutritional Magnesium.](#)" In Whole Foods Magazine Online. Feb.

"[Attack Symptoms Heart: Why Are So Many People Using These Internet Search Words to Find Help?](#)" Feb 9.

"Freaking out? How to cope with anxiety" Lifescript.com. Mar.

Quoted in "[Homeopathic Remedies for Nausea.](#)" At Lifestrong.com. Apr 21.

Quoted in "[Herbal Treatments for Anxiety.](#)" At Lifestrong.com reprinted Huffington Post. Apr 21.

Quoted in "[Magnesium Chloride Health Benefits.](#)" On Lifestrong.com. Apr 25.

The New (Weight Loss) Math" Natural Health. Apr/May.

Quoted in "[Magnesium Oil Health Benefits.](#)" On Lifestrong.com. May 4.

"[Effect of Oral Magnesium Supplementation on Asthma.](#)" Natural Medicine Journal. May 10.

Quoted in "What is Magnesium Oil?" On Lifestrong. July 1.

Quoted in "[Best Home Remedies for Itchy Skin, Upset Stomach and More.](#)" on Lifescript. July 10.

"[The Mighty Powers of Magnesium.](#)" Natural Health Dossier. Aug 24.

"[Is Your Diet Making You Depressed?](#)" On Everyday Health. Sept.

"Shifting Attention in ADHD Treatments." Vitamin Retailer. Oct.

Reprint and Comment "[Can clay treat serious bacterial infections?](#)" Syracuse Natural Health Examiner. On the Howard Mandel News Service. Oct 15.

"Kids' Health Matters." Remedies and Taste for Life magazines. Nov.

Quoted in: "[Hidden Health Hazards of the Holiday Season.](#)" On ivillage. Nov.

Quoted in: "[Hidden Health Hazards of the Holiday Season](#)". On ivillage. Nov.

Quoted in "[Vitamins to Help Your Lift Your Metabolism.](#)" On Lifestrong.com. Nov 19. <http://www.livestrong.com/article/312172-vitamins-to-help-you-lift-your-metabolism/>

Quoted in: "Magnesium and Painful Neck Muscles." Livestrong.com. Nov 27.

Quoted in: "Magnesium and Painful Neck Muscles." Livestrong.com. Nov 27.

Quoted in: "Is Your Diet Making You Depressed?" [www.everydayhealth.com](http://www.everydayhealth.com). Dec.

Quoted in: "[Is Your Diet Making You Depressed?](#)" [www.everydayhealth.com](http://www.everydayhealth.com). Dec.

"Magnesium and Green Drinks." FIRST for Women with Melissa Gotthardt. Dec.

Quoted in: "Is Your Diet Giving You the Blues?" [www.planetgreen.com](http://www.planetgreen.com). Dec 2.

Quoted in: "Is Your Diet Giving You the Blues?" [www.planetgreen.com](http://www.planetgreen.com). Dec 2.

Quoted in "[Magnesium Deficiency & Fatigue.](#)" On Lifestrong.com. Dec 13.

Quoted in: "[Diabetes in Middle East a Growing Concern](#)"

- Quoted in: "[The Magic of Magnesium: A Mighty Mineral Essential to Health.](#)" Christiane Northrup, MD. The Huffington Post.
- Quoted in: "[Is Your Medication Robbing You of Nutrients?](#)" Hyla Cass, M.D. The Huffington Post.
- Quoted in: "[Magnesium Deficiency Linked to ADD and ADHD in Children.](#)" Natural News.
- Quoted in: "[Easy Immune Health. Signs of Magnesium Deficiency are all around you.](#)"
- "[Colds Vs Allergies in Daycare.](#)" On Own A Day Care.
- "[The Difference Between Magnesium Oxide and Magnesium Citrate.](#)" On E-How
- [Community Contributor on Insider Health.](#) Dr. Carolyn Dean for Nutritional Magnesium Association.
- Quoted in: "[The Anti-Aging Diet Plan.](#)" In The Daily Glow.
- Quoted in: "Loading up on Vitamins and Minerals." On Every Day Health.
- "[Book Review: The Magnesium Miracle by Dr. Carolyn Dean.](#)" The Nourished Life.
- Quoted in "[Migraines during pregnancy: Treatment and prevention tips.](#)" On SheKnows.com.
- "[Guard Your Heart with Nutrition.](#)" In Natural Products Marketplace Online.
- "[Book of the Month Review: The Magnesium Miracle.](#)" On Sickly Cat Online.
- "[Magnesium Can Help Fight Obesity and Promote Weight Loss.](#)" On Cure Zone.
- 2009: Ongoing interviews, and quotes in FIRST for Women and Women's World.
- "Delicious ways to lower your Bad Cholesterol" Women's World: Jan 19.
- "[Heart Disease Symptoms: Prevention Answers](#)" On Divine Caroline.. Feb.
- "Impulse Control Disorders" Therapy Times. Online Feb 10.
- "[The Magnesium Miracle - Book Review.](#)" In HealthSuite 101. Mar 18.
- Review of Everything Alzheimer's. Central Iowa Boomer, Volume 3, Number 2, Mar/Apr

"Burn Baby, Burn: GERD" in Max Sports and Fitness magazine, Apr.

"When Fatigue Become Chronic" in A Taste For Life. Apr.

["What the Herbalist Ordered"](#) Written by Mickey Z. May 10.

["Attack Symptoms Heart: Why Are So Many People Using These Internet Search Words to Find Help?"](#) Alternative Health Journal-online. May 11.

"Treating Chronic Fatigue" Alternative Health Journal-online. May 11.

"Private Confidence about Menopause". FIRST magazine. Aug 24.

"Healthy Supplements" Women's World, Aug 10.

Quoted in: ["Addressing attention deficit disorders with good nutrition: a top 10 list of easy "kid" foods."](#) On The Examiner.com. Aug 27.

"Health & Fitness, Snack Pack" BeautyNewsNYC.com Sept 1.

"Did 9/11 bring on heart arrhythmias: stress response may be altered with magnesium" Honolulu Examiner online. Sept 11.

["More on Magnesium Benefits."](#) Frost Illustrated. Oct.

"Female Tiredness" FIRST for Women Oct 5.

Quoted in ["Don't Get Sick at the Doctor's Office."](#) On Rodale.com. Oct 5.

["Magnesium Deficiency PMT and Cramps."](#) On Netmums. Oct 29.

["Green Living and Prenatal Care: 10 Things You Need to Know To Ensure Your Baby Arrives Healthy Despite the Toxic World Around Us."](#) On Bukisa. Nov 12, 2009.

Quoted in. ["The Anti-aging Diet Plan."](#) In The Daily Glow. Dec.

["Are you Afraid Your Doctor Will Get Mad At You?"](#) Wise Woman Wisdom. Dec 10.

Quoted in: ["The Miracle of Magnesium."](#) On EnergyFanatics.com.

["Magnesium Nutrition Lowers Diabetes Risk."](#) In Whole Foods Magazine Online.

- 2008: Ongoing interviews, and quotes in FIRST for Women and Women's World.
- "Supplements" Clean Eating Magazine. Jan
- "New Supplements" Delicious Living. Jan.
- "Magnesium: The Nerve End Mineral." Washington Running Report. Jan/Feb
- "Yeast" in FIRST for Women. Feb.
- "Drug Cocktails Possibly Lead to Death" Guest Blog on [www.basilandspice.com](http://www.basilandspice.com). Feb 7.
- "Is Yeast Making You Sick?" Guest Blog on [www.basilandspice.com](http://www.basilandspice.com). Feb 11.
- "A Life Saving Mineral, Magnesium" Guest Blog on [www.basilandspice.com](http://www.basilandspice.com). Feb 26.
- "Supplement Superstars." Delicious Living. Mar.
- "Measuring Up Magnesium" KIWI Magazine. Mar/Apr.
- "Lyme looks like Aspartame Toxicity" FIRST for Women Apr 28.
- "Can One Mineral Make You Healthier? Yes!" Women's World. Apr.
- "Make Room for Magnesium" Natural Food. July/Aug.
- "Yeast" Healing Garden Journal. [www.healinggarden.com](http://www.healinggarden.com). Nov.
- "The Big 3 for Bone Health" Remedies magazine. Nov.
- 2007: Ongoing interviews, and quotes in FIRST for Women and Women's World.
- Quoted in Better Health and Living Magazine Supplement. Feb.
- "Magnesium and Exercise." Fit Body Special Issue Women's Fitness. Feb/Mar.
- [Candida or Yeast Overgrowth. What it is and what it can do to your health.](#) Nutrition Express. Mar.
- "Ten Ways To Look and Feel Younger." Fitness Magazine. Apr.
- "Heard by Our Editors" Bottom Line Personal. Apr 1.
- Feature "Mistakes Even Experts Make" FIRST for Women Apr 17.
- "The Bloom is off the Soy" Bottom Line Publications, website edition. May.

"Breathing Techniques" FIRST for Women. May.

"Q&A on Incontinence." Natural Health Magazine. June

"Helping Hangovers." Dare Magazine, UK Edition. Nov.

"Children and Antibiotics" Clean Eating Magazine. Nov.

"Vitamins and Minerals." At [www.RevolutionHealth.com](http://www.RevolutionHealth.com). Dec.

2006: Ongoing column, interviews, and quotes in FIRST for Women.

"Join The Junk Food Ban in Arizona." NewsWithViews.com. Jan 5.

"The Good, Bad, and The Ugly Events of 2005." NewsWithViews.com. Jan 12.

"The Worst Crime of The 20th Century." NewsWithViews.com. Jan 19.

"Breaking The Health Care Codes." NewsWithViews.com. Jan 26.

Quoted in "Probiotics and Inulin" FIRST for Women. Feb.

Quoted in "Have a Happy Heart." Natural Health. Feb.

Quoted in "Preparing for Surgery" Daily Health News. Bottom Line Publications. Feb.

"More Action to Ban Aspartame in New Mexico." NewsWithViews.com. Feb 1.

"Death by Propaganda." NewsWithViews.com. Feb. 16.

Quoted in "Kitchen Cures" OK! Weekly. Feb 27.

Quoted in "Benefits of Yogurt" FIRST for Women. Mar.

Quoted in "Magnesium" by Jack Challem in Body & Soul. Mar.

Quoted in "Health and Healing" Natural Health Magazine. Mar.

Quoted in "Vaginal Odor SOS" FIRST for Women magazine. Mar.

Quoted in "Safety of Soy?" Daily Health News—Bottom Line Publication. Mar.

Quoted in "Are You Absorbing Nutrients?" FIRST for Women. Mar.

Quoted in "Doctor Suggests Yeast As a Problem. Wilkes Barre Times-Leader. Mar 21.



- Quoted in "Minerals 101: are you being robbed of these vital nutrients?" Natural Health. Mar.
- Quoted in " Gas normal, author says; often treatable" Pioneer Press. Mar.
- Quoted in "Clearing the air about flatulence." Belleville News-Democrat. Mar.
- Quoted in "Clearing the air." Wilkes Barre Times-Leader. Mar.
- Quoted in "Eat your Veggies" Women's World. Apr.
- Quoted in "PMS Relief" OK! Magazine Apr. 17.
- Quoted in "Constipation Cures" FIRST for Women. May.
- Quoted in "How Eating Habits Affect Our Sleep" Women's World. May.
- Quoted in "Heart Health" OnFitness Magazine. May.
- Quoted in "Bowel Relief" Bottom Line Personal. May.
- Quoted in "Sound Sleeping" Natural Health Magazine. May
- Quoted in *Ask the Doctor: Sugar and Magnesium* By Franklin McCoy, M.D. Epoch Times New York. May 28
- Quoted in "Cabinet Members: update, de-clutter, and reinvent your medicine chest with this list of must-have natural home remedies." Natural Health Magazine. June.
- Quoted in "Healing Shingles" Alternative Medicine Magazine. June.
- "Fertility Focus" VIVA Magazine. June/July.
- Quoted in "Food Additives Don't Add Up" Delicious Living. July.
- "Yeast and Weight Gain" Alive Magazine. Aug.
- Quoted in "America gets over its gas pains: long taboo, flatulence is being discussed everywhere these days." Saturday Evening Post. Sept.
- Quoted in "The Bloom is off the Soy" Bottom Line Publications. Sept.
- 2005: "Understanding and Stopping the Codex Conspiracy" Total Health Magazine. Jan.
- Quoted in "Kitchen Cures" Women's Health and Fitness Magazine. June.

"Kiss Your Vitamins Goodbye." NewsWithViews.com. June 19.

"Kiss Your Health Goodbye." NewsWithViews.com. July 23.

"Are These Sneaky Food Sensitivities Dragging You Down." First for Women. July 25.

"Lies Your Dentist is Forced to Tell You." NewsWithViews.com. July 28.

"Diabetics to be Tracked Down by Government Agents?" NewsWithViews. Aug 4.

"The Bitter Truth about Regulation of Sugar Substitutes." NewsWithViews.com. Aug 11.

"Dodge Monthly Belly Bulge". FIRST Magazine. Aug 15.

"How The Modern Medicine Monopoly Has Failed Us." NewsWithViews.com. Aug 18.

"Big Pharma's Pain-For-Profit Industry Booming Despite Vioxx"  
NewsWithViews.com. Aug 25.

"The Miracle of Magnesium" Suzanne Riss. Real Health Magazine. Sept.

"The Miracle of Magnesium" Prevention magazine. Sept.

"Screening For Cancer Costs Lives" NewsWithViews.com. Sept 2.

"Never Forget a Thing". FIRST Magazine. Sept 5.

"US Infectious Disease Policy Based on the Wrong Germ Theory"  
NewsWithViews.com. Sept 8.

"The Constant Gardner-Does Art Imitate Life? NewsWithViews.com. Sept 9.

"Are You Mad Enough to Become a Health Freedom Fighter?"  
NewsWithViews.com. Sept 22.

Quoted in "Magnesium" Healthsmart Today. Fall issue.

"Let's Break The Modern Medical Monopoly NOW! NewsWithViews.com. Sept 28.

Quoted in "Prescriptions cost more than pills." By Richard D. Quinn. Employee Benefit News. Oct.

"Welcome to the Disease-of-the-Month Club. NewsWithViews.com. Oct 7.

"Big Pharma Just Bought Your Dog & Might Put You in Jail? NewsWithViews.com. Oct 13.

"Don't Be a Big Pharma Victim-Use Common Sense." NewsWithViews.com. Oct 20.

"Senate Bill 1873 Bans Drug and Vaccine Damage Claims." NewsWithViews.com. Oct 27.

"Building Health Freedom from the Ground Up." NewsWithViews.com. Nov 3.

"A Call to Action to Protect Free Speech." NewsWithViews.com. Nov 7.

"Curing Alcoholism Naturally." NewsWithViews.com. Nov 17.

"Indians, Medicine Men And Thanksgiving." NewsWithViews.com. Nov 24.

Nature's Cures column in FIRST magazine Issue No. 48. Nov 26.

Quoted in "Intravenous vitamin C is selectively toxic to cancer cells. Townsend Letter for Doctors and Patients. Dec.

"How to Stop FDA Censorship Now!" NewsWithViews.com. Dec 1.

"The Cost of Having a Stroke is Highway Robbery." NewsWithViews.com. Dec 8.

"Modern Medicine's Need to Destroy Natural Healing Arts." NewsWithViews.com. Dec 12.

"Mistletoe - The Herb for All Seasons." NewsWithViews.com. Dec 22.

"Health Alert: Will NM be First State to Ban Aspartame?" NewsWithViews.com. Dec 28.

["The Miracle of Magnesium: The Essential Nutrient that Works Wonders for Your Health and Energy."](#) In Positive Health Online.

2004: Quoted in "'Health Care for Her" by Victoria Freeman. Energy For Women. Jan.

"Death by Medicine" Life Extension. Jan.

"Magnesium on Muze" Muze.com. Jan 1.

"ADHD" in Vitality Magazine. Toronto, Feb.

Quoted in "Slash Your Risk of Diabetes in One Easy Move" Woman's World by Denise Mann. Mar.

Excerpt from "The Miracle of Magnesium" Vitality Magazine-Toronto. Apr.

- Quoted in "Insomnia" Alternative Medicine Magazine. May.
- Quoted in "Menstrual Blues" with Meg Lundstrom, Woman's World. May.
- Quoted in "Death by Medicine: New Paper Indicts American Medical System." Dynamic Chiropractic. June.
- Quoted in "Can This Be Good for You?" In Touch Magazine. July 24.
- Quoted in "The Silent Alarm" by Michael Tennesen Natural Health. July.
- Quoted in "Herbo-olution: botanicals infiltrate the spa industry." Les Nouvelles Esthétiques, American Edition. Aug.
- Death by Medicine. Nexus Magazine. Aug.
- Quoted in "Aging Gracefully and Naturally." Denise Mann Web MD. Aug 11.
- Quoted in "How-To Guide for a Healthier Body. Denise Mann. WebMD. Aug 16.
- Interview in Crusador Magazine. Two Potent Killers; Sugar and Pharmaceuticals. Aug-Sept.
- Quoted in "Treating Yeast." Women's World. Sept.
- Quoted in "Hormones and Spirituality." First For Women. Sept.
- Quoted in "Make one change: get more magnesium." Natural Health. Sept.
- "Death by Medicine" Total Health Magazine. Nov.
- 2003: "Ask The Experts" Natural Health Magazine. (Ongoing monthly column with Andrew Weil, James Gordon etc.)
- Quoted in "7 Experts' Best Advice for Staying Healthy." By Louisa Kasdon Sidell. Natural Health. Mar.
- The Miracle of Magnesium – Book Review by Libby Ellis. Natural Health. Apr.
- Ask The Experts – "A Natural Solution for Nosebleeds." Natural Health. Apr.
- Ask The Experts-Calorie Counting and Weight Loss." Natural Health. May.
- "Quoted in "Outwit 7 Hidden Energy Sappers. Natural Health. May.
- "5 Steps to Fighting Fatigue." Alive magazine. May.
- Quoted in "A Mind, Body, Diet Guide to Allergies" Fitness Magazine. June.

- Quoted in "The Health Benefit of Apples" Physical Magazine by Marilyn Dimartini. July.
- Quoted in "Aging and Magnesium" WebMD. July.
- Ask The Experts—"Sleeping Through the Night." Natural Health. July.
- Quoted in "Detoxification" WebMD. Aug.
- Ask The Experts - "Treat dust allergies naturally." Natural Health. Aug.
- Quoted in "Magnesium" Alternative Medicine magazine. Sept.
- Quoted in "Cost Less Cures for your Kids" First For Women # 40. Sept.
- Ask The Experts, Is a new sugar substitute Splenda safe and natural?" Sept.
- Quoted in "Women's Health" Health Products Business. Oct.
- Ask The Experts Column. Natural Health. Oct.
- Quoted in Netscape News. Foods That Give You That Sexy Feeling. Cynthia Yoder. Oct. 20.
- "The Miracle of Magnesium." Total Health Magazine. Nov.
- "The Yeast Connection: women at risk: an interview with Elizabeth Crook and Carolyn Dean, M.D., and N.D." Nutrition Health Review. Winter Issue.
- 2002: Final months of "12 Months to Total Wellness Series" Natural Health magazine.
- "Ask The Experts" Natural Health Magazine. (Ongoing monthly column with Andrew Weil, James Gordon).
- "How to Stay Healthy for Good – 12 Months to Total Wellness." Natural Health. Jan.
- Quoted in "How to Stay Well When Your Kids are Sick." Women's World Magazine. Jan.
- "Broccoli and Bicycles." City Island Current. Mar.
- Ask The Experts Column. Natural Health. Apr 2.
- "Baby Sleeplessness." Mississauga News. Apr 24.
- "Childhood Sleeping Problems." Calgary Sun, Apr 29.

"Why Eat Organic?" City Island Current. May.

"Baby Sleeping Disorders." Edmonton Sun, May 2.

Ask The Experts – "Kick Cigarettes Naturally." Natural Health. May 2.

"The Epidemic of Diabetes" City Island Current. June.

Quoted in "Kitchen Cures: Fitness Magazine, July.

Quoted in "Fighting the Cold War." Readers Digest Canada, July 24.

Ask The Experts Column. Natural Health. Aug.

Ask The Experts Column. Natural Health. Sept.

Quoted in "Children and ADHD." Big Apple Parent. Sept.

Ask The Experts – "Chewing Gum Side Effects." Natural Health. Oct.

Quoted in "Discovered: The Water Cure for Fatigue, Headaches, PMS and More!"  
Women's World, Dec 13.

2001: "12 Months to Total Wellness Series" Natural Health magazine.

"Ask The Experts" Natural Health Magazine. (Ongoing monthly column with  
Andrew Weil, James Gordon).

"When Your Nose is Runny." New York Post, p 46-47. Feb 20.

"12 Months to Total Wellness. Year long series in Natural Health magazine.  
March 2001-March 2002.

"Gesundheit Days: It's Springtime for Histamines." New York Post, p 53 Apr 24.

"Alternatives to Viagra." Bottom Line Personal. Aug.

Ask The Experts Column. Natural Health. Aug.

"Spend This Month Nurturing Your Spiritual Self – 12 Months to Total Wellness."  
Aug.

"Families for a Safe Food Supply" Common Ground Magazine, Sept.

"Families for a Safe Food Supply" Vitality Magazine, Sept.

Ask The Experts Column. Natural Health. Sept.

"Give Yourself a Break From Stress with These Simple Solutions – 12 Months to Total Wellness." Oct.

"Dr. Dean's Prescription for Natural Flu Relief" Vitality Magazine, Nov.

Quoted in "Colds and Flus." Women's World Magazine, Nov.

Can You Overdose on Detoxing? Natural Health. Dec.

Ask The Experts Column. Natural Health. Dec.

"Stay Slim and Stress-Free During the Holiday Season – 12 Months to Total Wellness." Natural Health. Dec.

2000: "Ask The Experts" Natural Health Magazine. (Ongoing column with Andrew Weil).

Quoted in "Keep It Professional." By Joanne Cleaver. Home Office Computing. Oct.

"Holidays leave some home, sick; All that seasonal scrambling takes toll on immune system." Lifestyle Section. P F-1. The San Diego Union-Tribune. Nov 29.

1999: "Ask The Experts" Natural Health Magazine. (Ongoing column with Andrew Weil).

Ask The Experts Column. Natural Health. Jan.

Ask The Experts Column. Natural Health. Mar.

"Fat Fight." Natural Health Magazine. Dr. Dean moderates debate between Drs. Dean Ornish and Robert Atkins. June.

"Natural Health Report." Inaugural issue of an 8-page Quarterly insert in Natural Health Magazine. Co-written and edited with Bill Thomson, Editor of Natural Health.

"Natural Health Shopper." monthly newsletter in health food stores, reprints Dr. Dean's "Ask The Experts" column.

1998: "Maitake Mushroom." Great Life Magazine. Feb.

"Get A Great Night's Sleep." Great Life Magazine. May.

"Meet The Good Fats." Great Life Magazine. June.

"Meet The Essential Fats of Life." Let's Live British Edition July/Aug.

- "Ask Dr. Dean." Let's Live Nutrition Insights. Monthly Question and Answer Column.
- "Ask The Experts" Natural Health Magazine. July/Aug, Dec, (Ongoing column) with James Gordon and Andrew Weil et al.
- 1997: "Ask Dr. Dean." Let's Live Nutrition Insights. Monthly Question and Answer Column.
- "Natural Medicine Chest. The Parasite problem." Let's Live. Jan.
- "Natural Medicine Chest. Headache-Free, Naturally." Let's Live Magazine. Feb.
- "Natural Medicine Chest. Mind Over Back Pain." Let's Live Magazine. Mar.
- "Natural Medicine Chest. Help for Hangovers." Let's Live Magazine. Dec.
- 1996: "Ask Dr. Dean." Let's Live Nutrition Insights. Monthly Question and Answer Column.
- "Depression-It's Not All in Your Head." Let's Live. Dec.
- 1994-8: Column by Dr. Carolyn Dean. Natural Health and News, Keats Newsletter. Quarterly publication.
- 1991: "No Simple Solution. A Comment on Chronic Fatigue Syndrome." MacLean's Magazine (Feb 25) Letters.
- 1990: "Today's Health. Topic: Candidiasis." Health Watch Magazine, Shopper's Drug Mart. (Fall edition).
- 1987: "MD's and Patients Not Connecting in Yeast Controversy." Mar 24. "Is Yeast What Ails You." Verve Magazine (summer issue). Globe and Mail (Apr 25).
- "Nutrition Key In Candidiasis." Ontario Medicine (June 1), p. 14.
- "Candida Patients Celebrate First Break in Long Isolation." Toronto Star.
- "Why Do You Feel So Crummy." Canadian Living Magazine (Feb. 20).
- "Feature Interview." Canadian Doctor. Feb-Apr.
- "Homeopathy an Approach to Health." Interview by Michael Roberts. Impulse Magazine (spring issue).
- "Practical Treatment of Premenstrual Tension." In Treating the Female Patient, Vol. 1, No. 1. Toronto: Trimel Corporation.



1986: "Medical Management of Premenstrual Tension." Canadian Family Physician (Feb 1986).

"The Printed Word." Canadian Medical Association Journal. Vol. 135 (Sept 15)

1985: "Pharmacology of Premenstrual Tension." Canadian Journal of Pharmacology (Feb 1985).

1976: "Hand Signals for the Blind." Dalhousie Medical School Quarterly (Christmas issue).

### **TELEVISION**

2008: "VidaCosta Good Health Encyclopaedia" on Know the Cause with host Doug Kaufman.

"Healthy Living" on Know the Cause with host Doug Kaufman.

2007: "The Magnesium Miracle" on Know the Cause with host Doug Kaufman and guest Dr. Roby Mitchell. September.

"Staying Healthy" on Know the Cause with host Doug Kaufman and guest Dr. Roby Mitchell. October.

"Cholesterol and Diabetes" on Know the Cause with host Doug Kaufman and guest Dr. Roby Mitchell. November.

"The Magnesium Miracle" on Your Health with Dr. Becker. October

"Magnesium and how vital it is to our health!" On The Women's Connection with Barrie Switzen. Manhattan Cable. Oct 9, Oct 27.

"Hormone Balance" on Your Health with Dr. Becker. November.

2006: Appeared in the documentary "Dying to Have Known" by Stephen Kroschel. "IBS for Dummies" on "OPEN" Bronx 12 TV with Bob Lee. Oct 2.

2005: CN8. The Yeast Epidemic. Seeking Solutions with Suzanne. Sept 25. CNN. Yeast Segment. Oct 31.

Appeared in the documentary "We Become Silent" by Kevin Miller.

The Yeast Connection and Women's Health. Bronx Talk TV. Dec 21.

2004: "Dangerous Supplements" CBC. The Ali and Jack show. Apr 10.

- 2003: "Body Cleansing" ABC's The View. Jan 13.
- "The Miracle of Magnesium" City TV CP-24. Jan 24.
- "The Miracle of Magnesium" CN8 Live Call-In With Mary Amoroso. Apr 17.
- "Kitchen Cures" ABC's The View. July 15.
- "The Miracle of Magnesium" CN8, Wilmington. July 24.
- 2002: "Homeopathy for the Flu" Weekend Today in NY, WNBC with Dr. Ian Smith. Jan 12.
- "Childhood Sleep Disorders." Canada AM, CTV. Apr 24.
- "Natural Solutions to Childhood Sleep Disorders." Rhonda London Live, CTS TV. Apr 24.
- "Childhood Sleep Disorders." First Local, Rogers Cable 10. Apr 24.
- "Childhood Hyperactivity." CH Morning, CH TV with Bob Cowen. Apr 25.
- "Childhood Sleep Disorders." Roger's Daytime, Roger's TV. Apr 25.
- "Infant Teething Problems." Health Matters with Christine Crosbie, Global TV. Apr 25.
- "Homeopathic Medicine for Children's Common Ailments." CITY TV News. Apr 26.
- "Childhood Sleep Disorders." Big Breakfast, A-Channel, Calgary. May 1.
- "Childhood Sleep Disorders." Morning News, Global TV, Calgary. May 1.
- "The Baby Show." Noon News, CFCN TV, Calgary. May 1.
- "Bratty Kids: Hyperactivity." HELP TV, Access TV Edmonton. May 2.
- "Childhood Sleep Disorders." Big Breakfast, A-Channel, Edmonton. May 3.
- "Childhood Sleep Disorders." Noon News, CFRN TV, Edmonton. May 3.
- "Homeopathy for Childhood Disorders." Evening News, A-Channel. May 3.
- "Childhood Sleep Disorders." The Edge, Shaw TV, Edmonton. May 4.
- "Food and Herbal Treatments for The Ladies." ABC's The View. June 17, rerun Aug 29. The View also repeats on A & E in the evening.

2001: Jan 18 Media Tour.

"Fighting Flu the Natural Way." WXYZ/ABC, Detroit. WFMJ/NBC, Youngstown. WKJG/NBC, Fort Wayne. WRAL/CBS, Raleigh. WAFF/NBC, Huntsville. KXAN/NBC, Austin. KJCT/ABC, Grand Junction. KARE/NBC, Minneapolis. WMAR/ABC, Baltimore. WLNE/ABC, Providence. KXAS/NBC, Dallas. WROC/CBS, Rochester. WJBK/FOX, Detroit. WPTZ/NBC, Plattsburgh. KCTV/CBS, Kansas. KSTU/FOX, Salt Lake City. WFLD/FOX, Chicago. WYLE/WB, Sheffield, Atlanta.

"Spring Cleaning." CITY TV/CP 24, Toronto. Mar 21.

"Natural Prescriptions for Common Ailments" CITY TV/CP 24, Toronto June 25.

"Families for a Safe Food Supply." Breakfast TV, CITY TV, Sept 19.

"GMO Foods." Canada AM, Sept 26.

"Genetic Engineering." Rogers TV, Sept 26

"Natural Prescriptions." Rhonda London Live, Crossroads TV. Sept 27.

2000: "Herbal Do's & Don'ts." Weekend Today in NY. WNBC. Jan. 30.

"Skin Treatment and Coverups." The View. ABC. Feb 25.

"Alternative Medicine Debate." Fox News. Judith Regan Tonight. Mar 4.

"Internal Cleansing." The View. ABC. Mar 30.

"Alternatives for Pain." The Early Show, CBS. Apr 27.

"Vitamins for Vacation and Harmonizing Your Hotel Room." WNBC Weekend Today New York. June 2.

"Is Your Job Making You Sick?" WCBS. Channel 2. June 13

"Herb and Drug Interactions." Good Day New York. Fox 5. June 27.

"Herbal Remedies." Later Today. NBC. July 19.

"Job Stress." The Early Show. CBS. Aug 17.

"Alternative Remedies." Oxygen TV. Dec 11.

1999: "Eating For a Healthy Glow." Family Talk, New Jersey Cable. Mar 2.

"Herbal Allergies." Good Day New York, Fox. Mar 8, Mar 9, Mar 14.

- "Herbs in Junk Food." Good Day New York, Fox. July 6.
- "Science Supports the Beach." News 12 New Jersey. July 14.
- "Hemorrhoids." The View. ABC. Oct 6.
- "Talk Soup." E-TV. The View "Hemorrhoids." Oct 12.
- "Contraception." The View. ABC. Oct 26.
- "Talk Soup." E-TV. The View. "Contraception."
- "Alternative Remedies for Colds and Flus." The View. ABC. Dec 15.
- 1996: "Allergies." Breakfast Time. FX TV. Jan 23.
- "Headaches." Breakfast Time. FX TV. Jan 29.
- "Sleepwalking." Breakfast Time FX TV. Feb 7.
- "Children's Homeopathy." Morning Show. America's Talking. Feb 23.
- "Asthma." Breakfast Time. FX TV. Feb 27.
- "Stomach Ulcers." Breakfast Time. FX TV. Mar 1.
- "Homeopathy." Robert Crayhorn's TV Hour. Mar 15.
- "Children's Homeopathy." Kids These Days, Lifetime. June 24.
- 1995: "Intestinal Disease." Alive and Wellness, America's Talking. Jan.
- "Natural Complementary Prescriptions for Common Ailments." Alive and Wellness. America's Talking. Mar 17.
- "Children's Homeopathy." Alive and Wellness. America's Talking. Aug 31.
- "Complementary Medicine." Our Generation. Channel 75. Nov 17.
- 1994: "Homeopathy." Alive and Wellness. America's Talking. Oct.
- "Candidiasis." Alive and Wellness. America's Talking. Sept.
- "Natural Complementary Prescriptions for Common Ailments." Alive and Wellness. America's Talking. July 14.

- 1991: "Headaches." The Dini Petty Show. CFTO TV. Mar.
- "Questions and Answers." Medical questions from the public are answered. TVO Oct 18, Nov 8, Nov 22, Dec 13.
- 1990: "Herbal Medicine." The Dini Petty Show. CFTO TV. April 6.
- "Candidiasis." The Dini Petty Show. CFTO TV. and PMS. Oct 25.
- "Sugar." The Dini Petty Show. CFTO TV. Dec 11.
- "Natural Medicine." Interview by Doris Epstein. The Doris Epstein Show. Scarborough Television. Dec 19.
- 1989: With Dr. William Crook and Dr. Zoltan Rona. "Candidiasis." Interview by Harry Brown. Speaking Out. TV Ontario. Oct.
- 1988: "Boosting The Immune System." Mid-day News and Information. CJCH TV. Halifax. June 17.
- "Boosting The Immune System." It's Your Health. Halifax Cablevision. June.
- 1987: With Linda Bell of Bellwoods Clinic. "Health Issues." Health Here and Now. Newton Cable.
- "Hypoglycemia and other Health issues." Health Here and Now. Newton Cable. With Maggie Burston and Sandy Wood. Health Here and Now. Newton Cable. Dec 9.
- "Premenstrual Tension Special." CTV. Jan 26.
- 1986: With Dr. William Crook. "Candidiasis." Interview by Harry Brown. Speaking Out. TV Ontario. The station switchboard had 80,000 calls into the show that night.

## **RADIO, IPOD**

- 2012:
- "IBS for Dummies." on the Dr Don Radio Show *KAAA - 1230 AM* and 99.5 WYCD. Jan 6.
- "Nutrition and Soil Depletion." With Lillian Brummet on Conscious Discussions Talk Radio. Jan 17.
- [Dr. Dean's Books discussed on The Bomb Squad](#) with Jay Ferguson. Jan 19.
- ["Homeopathy for ADHD."](#) on The Robert Scott Bell Show. Jan 24.

["The Magnesium Miracle."](#) Turn On Your Inner Light with Debbie Mandel. Jan 30.

"365 Ways to Boost Your Brain Power" on the Dr Don Radio Show *KAAA - 1230 AM* and 99.5 WYCD. Jan 27.

["Taking Responsibility for Your Own Natural Remedies."](#) on The Robert Scott Bell Show. Feb 9.

[Heart Health for Women.](#) With Carol Doyle and Kathi Casey on Living Better at 50+. Feb 16.

"The Magnesium Miracle." On Let's Get Healthy with and The People's Pharmacy. Feb 29.

["The Magnesium Miracle."](#) On Two Unsynchronized Souls with Monica Brinkman. Mar 15.

["The Magnesium Miracle."](#) On Two Unsynchronized Souls with Monica Brinkman. Mar 15.

["Childhood Obesity."](#) On Backstage Pass with DivaTania. On BackStagePass Radio. Mar 19.

["Detox your Menopause."](#) On Magnificent Menopause and Beyond with Carrie and Gail. Mar 29.

["Hormone Balance."](#) On The Dr. Don Show. *KAAA - 1230 AM* and 99.5 WYCD. Mar 19.

NMA PodCast [Dialogue with Dr. Kathy Gruver](#), author of The Alternative Medicine Cabinet and her views on using magnesium in her practice. April 1.

["Taking Charge with the Magnesium Miracle."](#) Conversations LIVE! With Cyrus Webb on [www.blogtalkradio.com](http://www.blogtalkradio.com) and 92.5 FM. Apr 2.

["The Magnesium Miracle."](#) 2-hour show. Audience Q&A with Arnie Gitomer on The Willner Window, WOR Radio. Apr 8.

["The Magnesium Miracle."](#) On Positive Power Chat with Wendy Wagoner. Apr 12.

"The Magnesium Miracle." On Diva Talk Radio with Kelli Claypool. Apr 18.  
<http://www.blogtalkradio.com/divatalkradio/2012/04/18/the-diva-who-lives-inside-of-you>

NMA PodCast [Dialogue with Huelyn Betts](#), cardiology technician and her views on the invasiveness of cardiac technology and lack of attention to magnesium. Apr 23.

"The Magnesium Miracle." On the Healthy Choices Radio Show KLBJ, Austin. Apr 28.

["The Magnesium Miracle."](#) Triangle Variety Radio with Patrick Walters. May 4.

["The Magnesium Miracle."](#) With Cary Nosler The Wide World of Health on KSTE. May 6.

NMA PodCast Dialogue with Kathleen Barnes about The Calcium Lie for the Nutritional Magnesium Association. May 10.

NMA PodCast Dialogue with Jacob Tietlebaum about the importance of magnesium for the Nutritional Magnesium Association. May 14.

["The Magnesium Miracle and Stress."](#) On Healthy Alternatives with Dr. Jerry V. Teplitz. May 24.

"Death by Drug Companies from Death by Modern Medicine." On The Dr. Don Show. *KAAA - 1230 AM* and 99.5 WYCD. May 25.

["High Calcium Consumption Poses Health Risk."](#) with Trudy Thomas on Living with Hope. BlogTalkRadio. June 4.

["Magnesium and Death by Modern Medicine at the Health Freedom Expo"](#) on The Robert Scott Bell Show. June 18.

["The Myriad Benefits of Magnesium."](#) Audio Interview with Karolyn Gazella of Wellness Times. June 28.

"Sleep Disorders And Sleep Therapy." On Wellness for the REAL World: The Dr. Veronica Radio Show. July 10, 12

"Free-For-All Discussion." With Eben Rey on Project Next. KPFK. July 12.

2011: Ongoing Wednesday radio shows on Achieve Radio with iON and Bob Neveritt. 9am PST. [www.achieveradio.com](http://www.achieveradio.com).

["Yeast Connection and Women's Health"](#) Hotze Health and Wellness Radio Hour. Jan 17.

"The Magnesium Miracle" On the Sharon Kleyne Hour: The Power of Water. World Talk Radio. Jan 31.

[Preventing Cancer](#). On Eat, Exercise and Live with Shira Litwick archived on Matrix Meditation. Jan 31.

"Death by Modern Medicine" On Winning At Life with Phillis Sax Pilvinis on KKNT 960. Feb 6.

["The Magnesium Miracle."](#) On Controversy, Civility and Compromise Radio Show with Dr Rose. Feb 8.

"The Yeast Connection" on Feel Free In The O.C. Radio with Nancy Ferrari. Feb 10.

["Death by Modern Medicine."](#) On The Robert Scott Bell Show. Feb 16.

"The Magnesium Miracle" on Personal Best with Kristin Tews WKRS 1220am. Feb 24.

["Helping Someone in the Hospital."](#) On The Robert Scott Bell Show. Mar 8.

["Interview with Dr. Carolyn Dean"](#) on Look Healthy. Mar 22.

"Helping People with ADHD." Wellness for the Real World with Dr. Veronica on blogtalkradio. Mar 29.

["Yeast and Hormones."](#) Feel Free In The O.C. Radio with Nancy Ferrari. Apr 4.

["Early detection and treatment of cancer."](#) On The Robert Scott Bell Show. Apr 13.

["Gastro Intestinal Health."](#) On Eat, Exercise and Live with Shira Litwick archived on Matrix Media. Mar 7.

["Women's Health."](#) on Feel Free In The O.C. Radio with Nancy Ferrari. Apr 4.

["Uncensored Natural Health Blog."](#) With Hollis Chapman Radio Show. May 20.

["Natural Medicine with Dr. Dean."](#) On The Kovacs Perspective. May 25.

"The Importance of Magnesium" on Natural News Radio with Robert Scott Bell. June 8.

["The Missing Link to Total Health."](#) With host Anna D. Banks on Blogtalk radio. June 27.

"Healing Revolution Friday" on Natural News Radio with Robert Scott Bell. July 22.

"Natural Medicine Natural Health" on Natural News Radio with Robert Scott Bell. Aug 19.

"The Magnesium Miracle." Illuminations Radio: Healthy Food for the Mind, Body and Soul with Tamara. Aug 20. [www.blogtalkradio.com/illuminations](http://www.blogtalkradio.com/illuminations)



["Magnificent Magnesium Part I"](#) Interview on Magnificent Menopause and Beyond Radio with Gail Edgell and Carrie Pierce. Sept 8.

["The Magnesium Miracle"](#) on Let's Talk Books" with The1Essence Radio. Sept.

["Magnificent Magnesium Part II"](#) Interview on Magnificent Menopause and Beyond Radio with Gail Edgell and Carrie Pierce. Oct 13.

["Staying Healthy."](#) Interview on OT Radio Show with Ollie Tansimore III. Oct 14

"Magnesium, Detox and Yeast." The Power of Natural Healing Radio on Voice of America with Howard Strauss. Oct 24.

"The Magnesium Miracle." on the Dr Don Radio Show *KAAA - 1230 AM* and 99.5 WYCD. Nov 4.

"Starvation and Nourishing the Planet." Online with Andrea, A Global Multi-Dimensional Program. Nov 7.

"The Magnesium Miracle" with Dean Piper on The Adventures of PipeMan on The Entertainment Network. W4CY Radio. [www.w4cy.com](http://www.w4cy.com). Dec 27

2010: Ongoing Wednesday radio shows on Achieve Radio with iON and Bob Neveritt. 9am PST. [www.achieveradio.com](http://www.achieveradio.com).

"Yeast Connection and Women's Health. Hotze Radio Show with Dr. David Sheridan. Jan 25.

"Death by Modern Medicine" iPod interview with Ben Greenfield of [www.bengreenfieldfitness.com](http://www.bengreenfieldfitness.com). Feb.

["The Magnesium Miracle."](#) on Healthradio.net with Danika Quinn. Nov 4.

["Naturopathic versus Allopathic Medicine."](#) FitFan4Fun with Shira Litwack. Voice America. Nov 18.

["Reflex Sympathetic Dystrophy: Life after Diagnosis"](#) Dec 8.

[The Future of Medicine with Dr. Carolyn Dean](#). Article on Women's Radio.

[Nutritional Magnesium Association](#) on iHealthTube.com

2009: Ongoing Wednesday radio shows on Achieve Radio with iON and Bob Neveritt. 9am PST. [www.achieveradio.com](http://www.achieveradio.com).

"Hormone Balance" on Science, Health, and Healing with Dr. Majid Ali, WBAI, NY. Jan 13.

"Keen on Quinoa: A Healthy Grain for Toddlers That's Making a Comeback." by Donna Smith On Toddlers Today. Feb 20.

Guest Host of Chemical Free Living on ContactTalkRadio.com with guest Dr. Roby Mitchell. May 11.

"Death by Modern Medicine" with Bruce and Marianne Curtis. Truth and Freedom. Progressive Radio Network. June 12.

"[The Magnesium Miracle](#)" iPod interview with Ben Greenfield. Aug.

"The Magnesium Miracle" with host Eva Herr on Infinite Consciousness. bbsradio.com. Aug 2.

"Future Health Now and EFT" with Christine Wheeler on Chemical Free Living. Aug 17.

"Future Health Now" with Bruce and Marianne Curtis. Truth and Freedom. Progressive Radio Network. Aug 21

"Future Health Now" with Lyle Hurd and John Barson. Total Health Radio Aug 25.

"Yeast Connection and Women's Health" on KPFK Radio on Page 2 Pantry with host Niki Gulucci. [www.kpfk.org](http://www.kpfk.org). Aug 28.

"The Magnesium Miracle. on KPFK Radio on Page 2 Pantry with host Niki Gulucci. [www.kpfk.org](http://www.kpfk.org). Sept 18.

"The Magnesium Miracle and Anxiety with Dr. Nita Vallens. KPFK. Sept 22.

"How Yeast Affects Us" on KPFK Radio on Page 2 Pantry with host Niki Gulucci. [www.kpfk.org](http://www.kpfk.org). Sept 25.

Future Health Now! with Dr. Bill Deagle, Nutrimedical Report, [www.gcnlive.com](http://www.gcnlive.com) Nov 10.

"[Naturopathic versus Allopathic Medicine](#)." FitFan4Fun with Shira Litwack. Voice America. Nov 18.

2008: "Death by Medicine and The Magnesium Miracle" on Sound Health with Sharry Edwards. [www.bbs.org](http://www.bbs.org). Jan 13.

"VidaCosta Good Health Encyclopaedia" Chemical Free Living on Achieveradio.com with Cynthia Drasler on Feb 4.

"Death by Modern Medicine" on Harmony Health with host Lateefah Wooten. [www.harmonyhealthworld.com](http://www.harmonyhealthworld.com) Listen Live: [www.wchb1200.com](http://www.wchb1200.com) Feb 9.

"Magnesium for Your Heart". On Progressive Radio Network [www.prncomm.net](http://www.prncomm.net) with Ron and Darryl Feb 14

"Death by Sugar" with Frankie Boyer on WBIX 1060am in Boston & on [wbixonline.com](http://wbixonline.com). Feb 15.

"Yeast Gone Wild" Dr. Hotze's Health and Wellness Solutions on KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com). Mar 3.

"Magnesium for Your Heart". On Progressive Radio Network [www.prncomm.net](http://www.prncomm.net) with Ron and Darryl. Mar 6.

"VidaCosta Spa el Puente" with Frankie Boyer on WBIX 1060am live from Expo West. Mar 14.

"The Magnesium Miracle" The Lynne Russell Show. CFRB Apr 19.

"Mother's Day Health". On Progressive Radio Network [www.prncomm.net](http://www.prncomm.net) with Ron and Darryl. May 8.

"Living a Healthy Life" on Progressive Radio Network [www.prncomm.net](http://www.prncomm.net) with Ron and Darryl. May 15.

"The Importance of Magnesium" with Janet Jacks on Just for the Health of It. Hamilton, Ontario. May 24.

"The Miracle of Magnesium" on Healthy Living Naturally. Ask the Professionals AM 740. June 1.

"IBS for Dummies" Feel Right Nutrition Today with host Katherine Kenwell Cich. KB1520.com. June 21.

"Total Biology" on Chemical Free Living on Achieveradio.com with Cynthia Drasler. Sept 22.

"The Yeast Connection and Women's Health" on KPFK Radio on Page 2 Pantry with host Niki Gulucci. Listen Live [www.kpfk.org](http://www.kpfk.org). Oct 3.

"IBS for Dummies" on KPFK Radio on Page 2 Pantry with host Niki Guluchi. Listen Live [www.kpfk.org](http://www.kpfk.org). Oct 31.

"The Magnesium Miracle" on KPFK Radio on Page 2 Pantry with host Niki Gulucci. Listen Live [www.kpfk.org](http://www.kpfk.org). Nov 7.

"Death by Modern Medicine" on Lighting the Fires of Liberty hosted by Michael Badnarik ([www.gcnlive.com](http://www.gcnlive.com)) Nov 17.

- "The Yeast Connection and Women's Health" on Feel-Rite Nutrition with Katherine Kenwell Cich. Nov 22.
- "Healing Therapies" with Dr. Bill Deagle, Nutrimedical Report, [www.gcnlive.com](http://www.gcnlive.com) Dec 4.
- "Healing Therapies" with Dr. Bill Deagle, Nutrimedical Report, [www.gcnlive.com](http://www.gcnlive.com) Dec 11.
- "VidaCosta Health Clinic" Total Health Radio with hosts John Barson and Lyle Hurd. Dec 16.
- "Cancer Increase." with Dr. Bill Deagle, Nutrimedical Report, [www.gcnlive.com](http://www.gcnlive.com) Dec 29.
- 2007: "The Magnesium Miracle" on Science, Health, and Healing with Dr. Majid Ali. WBAI, NY. Jan 2.
- "The Magnesium Miracle" with Dr. Alan Pressman. WWRL 1600 AM, Air America. Jan 5.
- "The Magnesium Miracle" with Dr. Alan Pressman on [www.airamerica.com](http://www.airamerica.com). Jan 6.
- "The Magnesium Miracle" with Dr. Ronald Hoffman. WOR-AM, New York. Jan 9.
- "The Magnesium Miracle" with Robert Scott Bell on RSBell.com. Jan 10.
- "The Magnesium Miracle" with Fred Hoffman on KCPS Radio, Iowa. Jan 11.
- "The Magnesium Miracle" with Jim Brogan on Well Preserved. WNOX Syndicated. Jan 14.
- "The Magnesium Miracle" with Joyce & Dave on [www.thepowerhour.com](http://www.thepowerhour.com). Jan 25.
- "The Magnesium Miracle" with Jim Coleman on A Chef's Table. NPR. WHYY-FM. Jan 25.
- "The Magnesium Miracle" on The Wide World of Health with host Cary Nozler. KSTE-AM. 650. Sacramento. Jan 28.
- "Clinical Pearls" with host Dr. Bill Deagle on Nutrimedical Report. [www.rbnlive.com](http://www.rbnlive.com). Jan 29.
- "The Magnesium Miracle" on CRN Digital Talk syndicated AM radio. Feb 6.

"The Magnesium Miracle" on The Robert Scott Bell Show [www.rsbell.com](http://www.rsbell.com). Feb 11.

"The Magnesium Miracle" with host Frankie Boyer on WBIX 1060am in Boston and [wbixonline.com](http://wbixonline.com) Feb 12.

"The Magnesium Miracle" with host Frankie Boyer on WBNW 1120am in Boston and [lifestyletalkradio.com](http://lifestyletalkradio.com). Feb 12.

"The Magnesium Miracle" The Wealth of Health Nutrition Hour WKID News Radio 590 with Bill and Dasha. Feb 13.

"The Magnesium Miracle" with Ed and Linda on [www.talkstarradio.com](http://www.talkstarradio.com). Feb 17.

"Hormone Balance" on Science, Health, and Healing with Dr. Majid Ali. WBAI, NY. Feb 20.

"The Magnesium Miracle" with Jesse Dylan on [www.tglshow.com](http://www.tglshow.com). Feb 23.

"Yeast Gone Wild" On NaturTyme's Nutritional Insights, with Host Wendy Meyerson. 570 WSYR. Feb 25.

"The Magnesium Miracle" on Free Forum with Bob Salter. 66 WFAN AM. [www.wfan.com](http://www.wfan.com). Mar 4.

"The Magnesium Miracle" On Keeping Fit with Dr. Fitt with host Dr. Roby Mitchell at [www.kingdomkeys.org](http://www.kingdomkeys.org). Mar 6.

"The Magnesium Miracle" Total Health Radio with hosts John Barson and Lyle Hurd. Mar 29.

"Death by Medicine and The Magnesium Miracle" on Sound Health with Sharry Edwards. [www.bbs.org](http://www.bbs.org). Apr 1.

"Magnesium and Yeast" [www.thatradio.com](http://www.thatradio.com). Apr 10.

"The Magnesium Miracle" on CHRY FM, 105.5. Toronto. Apr 12.

"Stages of Health" Live Teleconference with Chicken Soup for the Soul Supplements. Host Richard Enlow. May 16.

"Death by Medicine" with Iyapo Ngina on "Colonialism is Bad for Your Health" Archived on [www.uhururadio.com](http://www.uhururadio.com). May 20.

"Stages of Health" with Dr. Bill Deagle on Genesis Network [www.gcnlive.com](http://www.gcnlive.com). May 22.

"Minerals and Magnesium" with Iyapo Ngina on "Colonialism is Bad for Your Health" Archived on [www.uhururadio.com](http://www.uhururadio.com). June 24.

"Nutrition 101" Total Health Radio with hosts Lyle Hurd and John Barson. July 17.

"Wellness 101" on Talk Radio 1370 Austin with Bill Swail [www.talkradio1370am.com](http://www.talkradio1370am.com). July 21.

"Death by Modern Medicine." Dr. Hotze's Health and Wellness Solutions on KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com) July 27.

"The Magnesium Miracle". with Joyce Riley on The Power Hour. [www.thepowerhour.com](http://www.thepowerhour.com). Sept 5.

"Hormone Balance" Joyce Riley on The Power Hour [www.thepowerhour.com](http://www.thepowerhour.com). Sept 19.

"Staying Healthy" SUPER HEALTH on SuperTalk WKY - 930 AM with Show Hosts: Kyle Drew and Mickey O'Neill and Elissa Meininger Sept 22.

"Stop the Prescription Trap" SUPER HEALTH on SuperTalk WKY - 930 AM with Show Hosts: Kyle Drew and Mickey O'Neill and Elissa Meininger. Oct 6,7.

"Avoiding Medications" Health and Fitness Radio with Dan Solloway on. KOKC 1520AM. Oct 7.

"Autism" Health and Fitness Radio with Dan Solloway. Oct 14.

"Autism Can Be Treated" SUPER HEALTH on SuperTalk WKY - 930 AM with Show Hosts: Kyle Drew and Mickey O'Neill and Elissa Meininger. Oct 13,14.

"Yeast and Inflammation" with Dr. David Sheradin. Dr. Hotze's Health and Wellness Solutions on KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com) Oct 16.

"The Yeast Connection" Dr. Hotze's Health and Wellness Solutions on KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com) Oct 16.

"IBS for Dummies" with Joyce Riley on The Power Hour [www.thepowerhour.com](http://www.thepowerhour.com). Oct 17.

"Phone Consults, The New House Call" with host Frankie Boyer on the Frankie Boyer show. WBIX 1060am in Boston & on [wbixonline.com](http://wbixonline.com). Oct 22.

"The Magnesium Miracle" with Dr. Fitness and the Fat Guy on 710 WGSR Atlanta. Oct 22.

"Hormone Balance" with Joyce Riley on [www.thepowerhour.com](http://www.thepowerhour.com). Oct 31.

- "The Magnesium Miracle" with Dr. Donald Ellsworth on Dr. Hotze's Health and Wellness Solutions, KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com). Nov 1.
- "The Magnesium Miracle" on Sound Health with Sharry Edwards. [www.bbs.org](http://www.bbs.org). Nov 11.
- "Living Healthy" with Joyce Riley on The Power Hour [www.thepowerhour.com](http://www.thepowerhour.com). Nov 14.
- "How to Talk to Your Doctor " with Joyce Riley on The Power Hour [www.thepowerhour.com](http://www.thepowerhour.com). Nov 28.
- "IBS with Dummies " with Joyce Riley on The Power Hour [www.thepowerhour.com](http://www.thepowerhour.com). Dec 12.
- 2006: "Thyroid, Disease of the Month." Dr. Hotze's Health and Wellness Solutions on KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com) Jan 6.
- "Banning Aspartame in New Mexico." The Robert Scott Bell Show at [rsbell.com](http://rsbell.com). Jan 8.
- "Fighting Flus" with Frankie Boyer on the Frankie Boyer Show. WROL 950AM. Boston. Jan 17.
- "IBS for DUMMIES" with Frankie Boyer on the Frankie Boyer Show. WROL 950AM. Boston. Jan 30.
- "The Yeast Connection and Women's Health" Keeping Fit with Dr. Fitt; host Dr. Roby Mitchell on [www.kindomkeys.org](http://www.kindomkeys.org). Feb 14.
- "Rejuvenation" with Britt Elders on [www.healthyliving.net](http://www.healthyliving.net). Feb 20.
- "The Yeast Connection and Women's Health" The Frankie Boyer Show. [www.frankieboyer.com](http://www.frankieboyer.com). Feb 21.
- "Three Hours with Dr. Dean." Live at the New York CAM conference. The Robert Scott Bell Show at [rsbell.com](http://rsbell.com) with 92 stations across America. Mar 6.
- "IBS for DUMMIES." The Wealth of Health Nutrition Hour WKID News Radio 590 with Bill and Dasha. Mar 7.
- "The Yeast Connection and Women's Health." On Sound Health with Cheri Lawson NPR-WUMB 88.5FM. Mar 8.
- "Lupus and the Yeast Connection." With Christine Summers. CFCO 630 Radio. Mar 13.
- "The Yeast Connection and Women's Health." With Frankie Boyer. WROL 950AM. Boston. Mar 13.

"Supplements and the Yeast Connection" with Dr. Bill Deagle on Genesis Network. Mar 21.

"Death by Modern Medicine". Chemical Free Living on Achieveradio.com with Cynthia Drasler on Apr. 10.

"Death by Modern Medicine." Radio Liberty at [www.radioliberty.com](http://www.radioliberty.com) with Dr. Stanley Monteith. Apr. 19.

"The Miracle of Magnesium." Radio Liberty at [www.radioliberty.com](http://www.radioliberty.com) with Dr. Stanley Monteith. Apr. 21.

"Yeast and Mold" with Dr. Bill Deagle and Dr. Ari Vojdano on Genesis Network. Mar 23.

"IBS for DUMMIES" with Dr. Bill Deagle on Genesis Network. Apr 25.

"The Yeast Connection and Women's Health." With Christine Summers. CFCO 630 Radio. May 9.

"The Miracle of Magnesium" with Janet Jacks on Just for the Health of It. Hamilton, Ontario. May 13.

"Hormone Balance" BodyTalk with Christine Summers on [healthradionetwork.com](http://healthradionetwork.com). May 13.

"Yeast, IBS, and Probiotics" with Glenn Brooks on [KRXA540.com](http://KRXA540.com). May 13.

"Living Yeast-Free" on the Frankie Boyer Show. [www.frankieboyer.com](http://www.frankieboyer.com). May 22.

"The Yeast Connection and Women's Health" with Frankie Boyer on Dr. Hotze's Health and Wellness Solutions. CNN 650 Radio News. May 30.

"Modern Medicine and Magnesium" Dr. Hotze's Health and Wellness Solutions on CNN 650 Radio News. May 31.

"The Miracle of Magnesium" with Bob Salter on Free Forum WFNY New York. June 4.

"The Yeast Connection and Women's Health" The Wealth of Health Nutrition Hour WKID News Radio 590 with Bill and Dasha. June 6.

"How to Stay Well" with Dr. Bill Deagle at [www.nutrimedical.com](http://www.nutrimedical.com). June 22.

"Drug Side Effects". With Dr. Stanley Monteith and Donald Davidson. Streaming Live on [KSCO.com](http://KSCO.com). June 24.



"Codex, pH, and Toxins". Free Range Thought with Robert Longstreet and Frank Allen. WKNY 1490 AM from Kingston, NY. On [www.freerangethought.com](http://www.freerangethought.com). June 25.

"The Miracle of Magnesium". Healthy Living with a Twist: The Good Life with Jesse Dylan. Sirius 114. [www.lime.com](http://www.lime.com). June 27.

"The Miracle of Magnesium" Radio Liberty at [www.radioliberty.com](http://www.radioliberty.com) with Dr. Stanley Monteith. June 29.

"Living a Healthy Life" The Woodstock Roundtable with host Doug Grunther and guest Joan Apter on WDST-FM, Woodstock. July 16.

"Death by Modern Medicine" with host Brit Elders on [www.shirleymaclaine.com](http://www.shirleymaclaine.com). July 16.

"The Yeast Connection". Dr. Hotze's Health and Wellness Solutions on KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com) July 18.

"Healing Therapies". With Dr. Bill Deagle on [www.rbnlive.com](http://www.rbnlive.com). Aug 8.

"Yeast and Inflammation". With Jeff Rense on [www.rense.com](http://www.rense.com). Aug 14.

"Living a Healthy Life" The Woodstock Roundtable with host Doug Grunther on WDST-FM, Woodstock. Aug 20.

"Hormone Balance". The Wealth of Health Nutrition Hour WKID News Radio 590 with Bill and Dasha. Aug 29.

"IBS for DUMMIES", Here's to Your Good Health with Dr. Harris Straytner. Sept 2.

"The Stages of Health" on Well Preserved with Jack Keeter. KNUU Los Vegas. Sept 16.

"The Yeast Connection and Women's Health" With Dr. Hotze on Health and Wellness Solutions, KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com). Sept 19.

"The Stages of Health. On Well Preserved with Jim Brogan. WNOX Knoxville. Sept 24

"The Miracle of Magnesium" with Sherrill Sellman ND on What Women Must Know. Progressive Radio Network. Oct 16.

"The Stages of Healthy Living" On Sound Health with Cheri Lawson. WMUB-NPR. 88.5 FM. Oct 18.

"The Yeast Connection and Women's Health." On NaturTyme's Nutritional Insights, with Host Wendy Meyerson. 570 WSYR. Nov 12.

"Magnesium and Medicine" Dr. Hotze's Health and Wellness Solutions on KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com). Dec 7.

"Yeast, IBS, and Hormone Balance" with the Natural Nurse on The Progressive Radio Network. Dec 11.

"Hormone Balance" with the Natural Nurse, Ellen Kamhi on WUSB, 90.1 FM, simulcast [www.wusb.org](http://www.wusb.org) Long Island with Ellen Kamhi. Dec 12.

"Healing Therapies" with Dr. Bill Deagle on Nutrimedical Report on [www.rbnlive.com](http://www.rbnlive.com) Dec 14.

"Yeast, Weight, and Inflammation" The Wealth of Health Nutrition Hour WKID News Radio 590 with Bill and Dasha. Dec 20.

"Yeast, Toxicity, and AutoImmune Disease" on Herbally Yours with Ellen Kamhi PhD. 90.3FM WHPC, Long Island. Dec 22.

"The Magnesium Miracle" with Debra Ray on [www.healthytalkradio.com](http://www.healthytalkradio.com). Dec 28.

"The Magnesium Miracle" The Woodstock Roundtable with host Doug Grunther on WDST-FM, Woodstock, NY. Dec 31.

2005: Weekly Show: Building Organic Bodies. With Carolyn Dean, Delia Quigley, and Bob Neveritt. [www.homegrownradionj.com](http://www.homegrownradionj.com). From Jan 2 and every Sunday from 7-9pm until June 2005.

"The Yeast Connection." The Debra Ray Show. Jan 5.

"Death by Modern Medicine." The Wealth of Health Nutrition Hour WKID News Radio 590 with Bill and Dasha. Jan 11.

"Death by Modern Medicine." The Frankie Boyer Show. Mar 14.

"Death by Modern Medicine." Eye on the Future Radio. Mar 14.

"Death by Modern Medicine." Women's World on CHOI Radio. York University. Mar 30.

"Death by Modern Medicine." CFRO-FM. With Croft Woodruff. Mar 30.

"Health Update." The Frankie Boyer Show. May 4.

"The Miracle of Magnesium" Dan Whitely on WWCR Christian Broadcast Radio Essential Wellness Health Ministry Hour at 5.070. May 20.

"Death by Modern Medicine." The Robert Scott Bell Show at [rsbell.com](http://rsbell.com). May 22.

"Codex" with Lisa Garr on Aware KPFK 90.7. May 26.

"Codex" with Robert Scott Bell. June 19.

"Codex" with Bill Meyer on The Morning Show with Bill Meyer, KMED Medford, OR. June 20.

"Codex" with Frankie Boyer on the Frankie Boyer Show. WROL 950AM. Boston. June 22.

"We Become Silent" SUPER HEALTH on SuperTalk WKY - 930 AM with Show Hosts: Kyle Drew and Mickey O'Neill and the Meininger Minute with Elissa Meininger. June 25.

"We Become Silent" with Ilona June 25.

"We Become Silent" with Dr. Bob Martin on News Talk 550, KFYI. June 25.

"We Become Silent" The Bill Meyer Show, 1440 KMED. June 27.

"Codex Update" on Lookin' Out For You with Delia Quigley, Dr. Carolyn Dean and Bob Neveritt. WNIT New Jersey. 9-10am. June 29.

"Codex and Free Trade" with Terri on Autism One Radio. [www.autismone.or/radio](http://www.autismone.or/radio). July 1,

"Codex-A Report from Rome" on The Robert Scott Bell Show at [www.rsbell.com](http://www.rsbell.com). July 10.

"Codex and Its Implications" The Dr. Bill and Terrance Show, with Bill Thurston. [www.ktym.com](http://www.ktym.com). July 26.

"The Price Pottenger Foundation and Sally Fallon" on Lookin Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. July 27.

"The Miracle of Magnesium" The Peter Gillham Health Show with Dr. Pascal at [www.tantalkk1340.com](http://www.tantalkk1340.com) in Clearwater Florida. July 29.

"Dr. Carolyn Dean's Books" Life Issues with Randy Featherstone. KPJS Jacksonville Texas. Aug 1.

"Medical Intuitive-Lee Rossano" on Lookin Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. Aug 3.

"Death by Modern Medicine." Radio Liberty at [www.radioliberty.com](http://www.radioliberty.com) with Dr. Stanley Monteith. Aug 9.

"Doctors Without Borders and Action against Hunger" on Lookin Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. Aug 10.

"The Best Of" a repeat broadcast with Dr. Carolyn Dean on The Robert Scott Bell Show at [www.rsbell.com](http://www.rsbell.com). Aug 14.

"Death by Modern Medicine" on Radio Liberty at [www.radioliberty.com](http://www.radioliberty.com) with Dr. Stanley Monteith. Aug 16.

"The Fluoride Debate and Dr. Paul Connett" on Lookin' Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. Aug 17.

"The Miracle of Magnesium" on Radio Liberty at [www.radioliberty.com](http://www.radioliberty.com) with Dr. Stanley Monteith. Aug 22.

"Vaccines and Health", The Wealth of Health Nutrition Hour WKID News Radio 590 with Bill and Dasha. Aug 23.

"Excitotoxins and Degenerative Diseases" on Lookin' Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. Aug 24.

"Death by Modern Medicine" on Radio Liberty at [www.radioliberty.com](http://www.radioliberty.com) with Dr. Stanley Monteith. Aug 30.

"Wrapping Up the Month" on Lookin' Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. Aug 31.

"Feeding Your Child's Brain" Interviews with criminologist Dr. Stephen Schoenthaler and ex-parole officer Barbara Reed Stitt on Lookin' Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. Sept 7.

"Selling Sickness" Interview with Dr. Abby Lippman on Lookin' Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. Sept 14.

"Genesis Farm: A Convergence of Religion" Interviews with Sister Miriam MacGillis and Reverend Fletcher Harper on Lookin' Out for You on WNTI, New Jersey and streaming on [www.wnti.org](http://www.wnti.org) with Dr. Carolyn Dean and Delia Quigley. Sept 21.

"Death by Modern Medicine" with Bill Meyer on The Morning Show with Bill Meyer, KMED, 1440 AM. Medford, OR. Sept 21.

"Death by Modern Medicine" with Dr. Bill Deagle on Nutrimedical. Genesis Communications. [www.gnc.com](http://www.gnc.com) Sept 22.

"The Yeast Connection and Women's Health" on Our Healthy Family. Icycle networks on Sirius. Oct 3.

"Hormone Balance" with Dr. Bill Deagle on Nutrimedical. Genesis Communications [www.gcn.com](http://www.gcn.com) Oct 13.

"Death by Modern Medicine" with Jeff Rense on the Jeff Rense Show [www.rense.com](http://www.rense.com). Nov 2.

"Yeast Connection and Women's Health" with Jeff Rense on the Jeff Rense Show. [www.rense.com](http://www.rense.com). Nov 14.

"The Yeast Connection and Women's Health" with Dr. David Sheridan. Dr. Hotze's Health and Wellness Solutions on KSEV Radio AM 700. [www.ksevradio.com](http://www.ksevradio.com). Dec 28.

2004: Natural Health Radio. WWRL. Weekly broadcasts, Wednesday mornings. New York. Jan-Aug.

Weekly: Lookin' Out For You on WNTI. With Carolyn Dean, Delia Quigley from April 20, every Wed morning from 9-10am until October 5.

"The Miracle of Magnesium" The Frankie Boyer Show. Syndicated. May 20.

"The Yeast Connection." The Frankie Boyer Show. Syndicated. June 8

"Death by Medicine" on The Healthy Living Show with Croft Woodroff. Vancouver, Canada. June 2.

"The Miracle of Magnesium, on Health Talk with Dr. Ron Hoffman, WOR. July 1, rebroadcast Sept 3.

"Death by Medicine." Your Healthy Family. Icycle networks on Sirius. Aug 27.

"Codex Alimentarius" Your Healthy Family. Icycle networks on Sirius. Sept 28.

"Your Healthy Home." Your Healthy Family. Icycle networks on Sirius. Oct 27.

2003: Natural Health Radio. WWRL. Co-host. Weekly broadcasts, Wed. mornings. Sept-Dec.

"The Miracle of Magnesium," Food For Thought, 91.9 with Delia Quigley. Jan 2.

"The Miracle of Magnesium," Natural Living with Gary Null. WBAI-FM, New York. Jan 6.

"The Miracle of Magnesium," Journey to Wellness KCMJ-AM with Marci Lacey and Dickson Ward. Jan 19.

"The Miracle of Magnesium," Kansas City Concerns. KYYS with Allene Martin. Jan 19.

"The Miracle of Magnesium," Levenworth Today, KQRC with Allene Martin. Jan 26.

"Cleansing and Magnesium," The Business of Being Healthy. WBIX-1060AM with Frankie Boyer. Jan 28.

"The Miracle of Magnesium," The Danielle Show. Syndicated and at [www.daniellelin.com](http://www.daniellelin.com). Feb. 1

"Cleansing and Magnesium", on Healthy Talk Radio, The Deborah Ray Show in Florida with 60 syndicates. [www.healthytalkradio.com](http://www.healthytalkradio.com) Feb 5.

"The Miracle of Magnesium", Here's to Your Good Health with Dr. Harris Straytner. Feb 8.

"Magnesium, Hormones, and Health", The Wealth of Health Nutrition Hour WKID News Radio 590 with Bill and Dasha. Mar 4.

"The Miracle of Magnesium", Lunch Talk with Jamie Ross. CFOS 560. Owen Sound Ontario, Mar 10.

"The Miracle of Magnesium", Herbally Yours with Ellen Kamhi PhD. 90.3FM WHPC, Long Island. Mar 25.

"More on Magnesium," The Business of Being Healthy. WBIX-1060AM with Frankie Boyer. Apr 4.

"More on Cleansing and Magnesium," The Business of Being Healthy. WBIX-1060AM with Frankie Boyer. Apr 6.

"SARS" Food For Thought, 91.9 with Delia Quigley. Apr 10.

"Nosebleeds and SARS" on Healthy Talk Radio, The Deborah Ray Show in Florida with 60 syndicates. [www.healthytalkradio.com](http://www.healthytalkradio.com) Apr 16.

"Why Aren't We Healthy?" with Eben Rey "Radio Alchemy" [www.radioalchemy.com](http://www.radioalchemy.com) KPFK, Los Angeles. Apr 17.

"Magnesium and Cleansing" WUSB, 90.1 FM, simulcast [www.wusb.org](http://www.wusb.org) Long Island with Ellen Kamhi. June 6.

"The Miracle of Magnesium with Dr. Shawn Benzinger. July 25.  
Co-host of Natural Health Radio. WWRL. New York. Weekly broadcasts, Wed. mornings. Aug.

"Are We Still Toxic? The Anniversary of Sept. 11<sup>th</sup>." Eben Rey "Radio Alchemy" [www.radioalchemy.com](http://www.radioalchemy.com) KPFK, Los Angeles. Sept. 10.

"Iatrogenic Medicine with Dr. Shawn Benzinger. Oct. 4.

2002: "You've Got Flu." 980 KRUZ Radio. Seabrooke Hour with Dan Seabrooke. Jan 6.

"Heavy Metal Toxicity." Food For Thought, 91.9 with Delia Quigley. Jan 10.

"Natural flu treatments." CKLW Radio on the Lynn Martin Hour. Feb 13.

"Alternatives in Medicine." CINT Radio, Saskatoon, Sask. John Gormley Live. Feb 27.

"Fasting, Farms, and Food." Food For Thought, 91.9 with Delia Quigley. Apr 10.

"Children's Health." CFRB Radio. The Health Show—open line hour with Christina Cherneskey. Apr 28.

"Childhood Sleep Disorders." EZ Rock Radio with Jane Garey. May 1.

"Natural Prescriptions for Common Ailments." QR-77 with Dave Arnold. May 1.

"Codex Alimentarius, Vaccinations, Chemical Toxicity." Food For Thought, 91.9 with Delia Quigley. June 13.

"How to Stay Healthy." on Healthy Talk Radio, The Deborah Ray Show in Florida with 60 syndicates. [www.healthytalkradio.com](http://www.healthytalkradio.com) Aug 14.

"MS and Auto-immune Disease." on Healthy Talk Radio, The Deborah Ray Show in Florida with 60 syndicates. [www.healthytalkradio.com](http://www.healthytalkradio.com) Aug 30.

"HRT, BMD testing." Food For Thought, 91.9 with Delia Quigley. Sept 12.

"The Body Rejuvenation Cleanse." Here's to Your Good Health WFAS AM 1230 with Dr. Harris Straytner Sept 21.

"Body Cleansing." on Healthy Talk Radio, The Deborah Ray Show in Florida with 60 syndicates. [www.healthytalkradio.com](http://www.healthytalkradio.com) Oct 2.

"Body Cleansing." Food For Thought, 91.9 with Delia Quigley, Oct 3.

"Cold and Flu Season," Natural Living with Gary Null. WBAI-FM, New York. Oct 28.

"Depression, Fact or Fiction." Food For Thought, 91.9 with Delia Quigley, Nov 14.

"The Miracle of Magnesium," The Business of Being Healthy: Weekend Health Seminar WBIX-1060AM with Frankie Boyer. Dec 29.

2001: Jan 17 Media Tour.

"Fighting Flu Naturally." WJBR-FM, Philadelphia with Valeria Mack. WBVP-AM, Pittsburgh with John Nuzzo. Media Networks, Baltimore with Jill Powell. WALK-FM, New York with Donna Vaughn. WFMD-AM/WFRE-FM, Washington with Loretta Gaines. Bloomberg Network and 64 affiliates with Rebecca Morris. Shadow Broadcasting and 6 affiliates with Tom Mongeli. KILT-FM,/KIKK-FM, Houston with Pat Hernandez. WTOP-AM/FM, Washington with Diane Kepley. Metro Networks and 12 affiliates with Gary Cohen.

"Fighting Flu Naturally." WCKG-AM, Chicago with Chira Citro. Jan 15.

"Fighting Flu Naturally." WNOE-FM, New Orleans with Ray Romero. Jan 30.

"Fighting Flu Naturally." KTRH, Houston with Tracee Evans. Feb 15.

"Fighting Flu Naturally." WNIC, Detroit with Dave Lockheart. Feb 15.

"Twelve Months to Total Wellness" on Food For Thought, 91.9 with Delia Quigley. Mar 15.

"12 Months to Total Wellness" on Natural Alternatives, WUSB, 90.1 FM, simulcast [www.wusb.org](http://www.wusb.org) Long Island with Ellen Kamhi. Mar 27.

"Women's Health" the Wealth of Health Nutrition Hour, WKID News Radio 590 with Bill and Dasha. Apr 17.

"Chemicals and Cancer" on Food For Thought, 91.9 with Delia Quigley. May 17.

"Natural Prescriptions for Common Ailments" on Natural Alternatives, WUSB, 90.1 FM, simulcast [www.wusb.org](http://www.wusb.org) Long Island with Ellen Kamhi. May 18.

"Chemicals in the Home" on Food For Thought, 91.9 with Delia Quigley. July 12.

"Treatment for Down Syndrome" on Food For Thought, 91.9 with Delia Quigley. Aug 30.

"Families for a Safe Food Supply." Randy Taylor Show, CFRB. Sept 25.

"Families for a Safe Food Supply." CKGE (Oshawa) with Mark Orton, Sept 26.



"Families for a Safe Food Supply." The Shalom Hour. CHIN-FM, Toronto. Oct 1.

"Should Everyone have the Flu Vaccine" The Ken Van Lith Show, CKGL Radio, Kitchener, Ontario. Oct 15.

"Should Everyone have the Flu Vaccine" CKTB Radio, St. Catharines, Ontario, Niagra at Noon with Tim Denis & Laurie Walsh. Oct 23.

"Should Everyone have the Flu Vaccine" CINT Radio, Saskatoon, Sask. John Gormley Live. Oct 24.

"Should Everyone have the Flu Vaccine" CJRW Radio, Summerside, Ont. Let's Chat with Ken Kingston. Oct 26.

"Should Everyone have the Flu Vaccine" VOXM Radio, St. John's Nfld. The Bill Rowe Show. Oct 29.

"Should Everyone have the Flu Vaccine" CHOC Radio, Sarnia, Ont. Talk Back with Sue Storr. Oct 29.

"Natural Flu Treatments" CFJR Radio. Brockville, Ont., with Bruce Wylie, Oct 30.

"Should Everyone have the Flu Vaccine" CKOV Radio, Kelowna, BC, with Dave Pears. Oct 30.

"Should Everyone have the Flu Vaccine" CKNX Radio, Orillia, Ont., Heartbeat with Heather Thompson. Nov 1.

"Should Everyone have the Flu Vaccine" CKLQ Radio, Brandon, Man. Feedback with Bill Turner. Nov 2.

"Natural Flu Treatments" CIXX Radio, London, Ont., Straight Talk with Bill Paul. Nov 6.

"Should Everyone have the Flu Vaccine" CBC Radio Syndication, Debra Irvine, Producer: Saint John (NB), Halifax, Toronto, Sudbury, Winnipeg, Calgary, Vancouver and Whitehorse. Nov 7.

"Natural Flu Treatments" CKNX Radio, Wingham, Ont., with Bryan Allen. Nov 8.

"Natural Prescriptions for Common Ailments" CFOS Radio, Owen Sound, Ont., Health & Health with Claudia Staines. Nov 26.

"Natural Flu Treatments" CKWR Radio, Waterloo, Ont., with John Maciel. Nov 26.

"Natural Flu Treatments" CKLW Radio, Windsor, Ont., with Lynn Martin. Dec 12.

- "Natural Approach to the Flu" Natural Living with Gary Null. WBAI-FM, New York. Dec 7.
- "Natural Approach to the Flu" Here's to Your Good Health with Dr. Harris Straytner. WFAS-AM, New York. Dec 8.
- "Natural Approach to the Flu" Nationally syndicated Radio Health Journal with Reed Pence Dec 10.
- "Natural Approach to the Flu" The Business of Being Healthy with Frankie Boyer. WBIX-AM, Boston. Dec 12.
- 2000: "Premarin and Female Hormones" Food for Thought, 91.9 with Delia Quigley. Feb 17.
- "Health Care in Ontario" CHIN FM Toronto. Feb 21.
- "The Diet Dilemma" CHIN FM Toronto. Mar 6, Mar 23, Apr 3.
- "Mosquito Control Measures" Am News Talk, News Radio, Singapore. May 1.
- "Autism and ADD" CHIN FM, Toronto. May 1.
- "Air Pollution and Health" Food for Thought, 91.9 with Delia Quigley. May 18.
- "A Fresh Approach" Food for Thought, 91.9 with Delia Quigley. July 13.
- "A Fresh Approach Revisited" Food for Thought, 91.9 with Delia Quigley. Sept.
- "Colds and Flus" Bloomberg Radio and affiliates. Oct 6.
- "Treating Colds and Flus Naturally. WIN 1010, New York. Oct 12.
- "Colds and Flus" The Fred Hoffman Show, KCPS, Burlington, IA, Dec 5.
- 1999: "Spring Detoxification." March 18. Food For Thought, 91.9 with Delia Quigley.
- "Chinese Food Therapy." May 13. Food For Thought, 91.9 with Delia Quigley.
- "Summer Ailments." Food For Thought, 91.9 with Delia Quigley. July 8.
- "Pesticides Spraying of NYC." Food For Thought, 91.9 with Delia Quigley. Oct 7.
- "The Trouble With Pesticides." The Gary Null Show. WBAI New York Oct 4.
- "Whole Life Expo-Call In." The Shalom Hour. CHIN-FM, Toronto. Nov 22.
- "Health Q & A Phone In" Biopulse Hour. KFNX 1100. Phoenix. Dec 10.

- "Health Q & A Phone In" Biopulse Hour. KFNX 1100. Phoenix. Dec 17.
- "Health Q & A Phone In" Biopulse Hour. KFNX 1100. Phoenix. Dec 24.
- 1998: Ongoing interviews on Food For Thought, 91.9 with Delia Quigley. Complementary medicine topics including: Menopause, Candidiasis, Detoxification, Herbology, Nutrition, Obesity, ADHD. Thursdays 9am. Ongoing topics presented on RBC New York. Sundays, 7am.
- 1997: "Natural Prescriptions for Common Ailments." Just for the Health of It. WNN 980AM, Florida. Feb 28.
- "Parasites and Other Uninvited Guests" Guest Host on Dr. Corsello's Radio Show, A Second Opinion. WOR. New York. July 19.
- "Homeopathic First Aid." with Dr. Mitchell Ghen in Miami Beach. Interviewed by Jerusalem Public Radio. Sept 18.
- "Complementary Natural Prescriptions." Food For Thought with Delia Quigley. 91.9. Nov 13.
- "Menopause Naturally." Food For Thought with Delia Quigley. 91.9. Nov 20.
- 1996: "Children's Homeopathy." Health Quest. WEEG, Green Bay. Jan 21.
- "Menopause Naturally." Interview by Dr. Robert Atkins. Dr. Robert Atkins Radio Show. New York. Mar 12.
- "Complementary Natural Prescriptions." Interview by Dr. Joel Wallach. The Wellness Hour. Nuline Radio Network. June 12.
- "Menopause Naturally." Interview by Willette Monk. Women's Wellness Hour. Madison, WI. July 7.
- "Children's Homeopathy." Interview by Ann Louise Gittleman. July 15.
- "Menopause Naturally." Health Quest. WEEG, Green Bay. July 21.
- 1995: "The Immune System." Interview. C-100 Radio. Apr 21
- "Complementary Natural Prescriptions for Common Ailments." The Gary Null Show. WBAI New York. Apr 14.
- "Natural Prescriptions for Common Ailments." Interviewed by Dr. Corsello on A Second Opinion New York. Apr 29.
- "Children's Homeopathy." The Gary Null Show. WBAI. Aug 25.

- "Natural Prescriptions for Common Ailments." Interview by Ellen Kamhi. Natural Alternatives. Health Radio Network Long Island. Aug 25.
- "Children's Homeopathy." The Gary Null Show. WBAI. Aug 28.
- "Natural Health Breakthroughs." "Guest Host on Dr. Corsello's Radio Show, A Second Opinion. New York. Oct 28.
- 1988: "Premenstrual Tension." The Andy Barry Show. CJRT. Halifax. Apr 11
- "The Immune System." Interview. CFDR. Dartmouth.
- "The Immune System." Information Morning. CBC. Halifax. Apr 21.
- 1987: "Candidiasis." CKO. Halifax. May.
- "Candidiasis." The Andy Barry Show. CJRT. Halifax. May.
- 1986: "Candidiasis." Interview with Peter Gzowski. Morningside. CBC. Nov 26.

### **2012: Doctor of the Future Blog Posts**

- ["More Magnesium in 2012."](#) Blog Post. Jan 4.
- ["Get off the Couch, Potato!"](#) Blog Post. Jan 9.
- ["\\$9.00 or \\$5,699 Weight Loss Cure!"](#) Blog Post. Jan 16.
- ["Why Wait for Weight Loss?"](#) Blog Post. Jan 17.
- ["Keep Kids Off Drugs."](#) Blog Post. Jan 21.
- ["Magnesium for Asthma: Canine & Human."](#) Blog Post. Jan 25.
- ["Curing the Autism Stats."](#) Blog Post. Jan 30.
- ["Organize Your Wisdom."](#) Blog Post. Jan 31.
- ["Magnesium and Whales."](#) Blog Post. Feb 2.
- ["Thyroid Confusion."](#) Blog Post. Feb 6.

["Con-Clue-Shuns of Science."](#) Blog Post. Feb 9.

["The Heart of the Matter."](#) Blog Post. Feb 13.

["A Breast Cancer Message from Dr. Roby Mitchell."](#) Blog Post. Feb 15.

["Create the Disease and Offer the Cure."](#) Blog Post. Feb 22.

["Magnesium Research Is Solid."](#) Blog Post. Feb 28.

["Magnesium & The Menses."](#) Blog Post. Mar 14.

["RnA Drops: It's the RNA Not the DNA!"](#) Blog Post. Mar 19.

["Diagnostic Medical Thermography."](#) Blog Post. Mar 23.

["Nude Food Clothed In Minerals."](#) Blog Post. Mar 25.

["An Anti-Vaccination Rant."](#) Blog Post. Apr 4.

["The Magnesium Wars."](#) Blog Post. Apr 6.

["Silent Sinusitis."](#) Blog Post. Apr 9.

["Magnesium & Cancer."](#) Blog Post. Apr 18.

["Supplements for Kids."](#) Blog Post. Apr 25.

["What's A Good Protein Powder?"](#) Blog Post. Apr 28.

["Fine Tune Your Health Program."](#) Blog Post. May 7.

["Death by Sugar."](#) Blog Post. May 9.

["Magnesium for Mother's Day."](#) Blog Post. May 13.

["Low Cost Health Practices."](#) Blog Post. May 15.

["Magnesium for Pseudogout, MS, Gingivitis and Teeth."](#) Blog Post May 23.

["The Calcium Lie."](#) Blog Post. May 28.

["RnA Drops Tribute Show."](#) Blog Post June 1.

["Being Body Sensitive."](#) Blog Post. June 3.

["Hiatal Hernia Self Massage."](#) Blog Post. June 5.

["The Health Freedom Movement: Alive & Well."](#) Blog Post. June 10.

["Fighting off the Madness & Standing up for Hope."](#) Blog Post. June 22.

["Free NaturalNews Healing Summit 2012."](#) Blog Post. June 26.

["NaturalNews Healing Summit June 29, 30, July 1, 2012."](#) Blog Post. June 28

["The Solution for Dehydration."](#) Blog Post. July 1.

["Water, Sea Salt and Magnesium."](#) Blog Post. July 3.

["Magnesium, For All-Purpose Healing."](#) Blog Post. July 5.

["Power Your Mind with EMPowerplus."](#) Blog Post. July 10.

### **2011: Doctor of the Future Blog Posts**

["Keep on Detoxing."](#) Blog Post. Jan 11.

["Yeast and Your Thyroid."](#) Blog Post. Jan 16.

["Nailbed Infection and Clay."](#) Blog Post. Jan 21.

["Magnesium Recommendations."](#) Blog Post. Jan 27.

["Glutamates in Magnesium Chelates."](#) Blog Post. Jan 31.

["Magnesium, Cancer and Yeast in the Media."](#) Blog Post. Feb 5.

["Lying Down Therapy."](#) Blog Post. Feb 11.

- ["Herding Snails."](#) Blog Post. Feb 14.
- ["Take More Magnesium."](#) Blog Post. Feb 18.
- ["Magnesium, Estrogen and Vitamin D."](#) Blog Post. Feb 20.
- ["Articles](#) on NaturalNews.com." Blog Post. Feb 22.
- ["Sprained Ankle Remedies."](#) Blog Post. Mar 4.
- ["Bioidentical Hormones Are Safe."](#) Blog Post. Mar 6.
- ["Blinded by Science."](#) Blog Post. Mar 9.
- ["Radiation Therapies."](#) Blog Post. Mar 16.
- ["World Detox Day, March 22, 2011."](#) Blog Post. Mar 18.
- ["Healthy Desserts and Detox."](#) Blog Post. Mar 22.
- ["Good Food Goes Bad."](#) Blog Post. Mar 29.
- ["Join Future Health Now!"](#) Blog Post. Apr 4.
- ["Magnesium Miracle Reviews."](#) Blog Post. Apr 6.
- ["April 2011 Media Update."](#) Blog Post. Apr 13.
- ["Alternatives for Disease and Radiation."](#) Blog Post. Apr 25.
- ["Diagnostic Ultrasound."](#) Blog Post. May 5
- ["Overcoming Smoking Addiction."](#) Blog Post. May 8.
- ["Facebook Prayers."](#) Blog Post. May 11.
- ["Squirrelling away Magnesium."](#) Blog Post. May 13.
- ["Mastering Miracles."](#) Blog Post. May 15.
- ["Too Toxic to Detox!"](#) Blog Post. May 19.

- ["Treating Eczema Naturally."](#) Blog Post. May 24.
- ["Psyllium Seed Lowers Cholesterol."](#) Blog Post. May 27.
- ["Shifting Shingles."](#) Blog Post. May 29.
- ["Frozana Update."](#) Blog Post. June 1.
- ["Don't Forget About Magnesium."](#) Blog Post. June 7.
- ["Take 5 TBSP of Coconut Oil and Call Me In the Morning."](#) Blog Post. June 10.
- ["Take Soil-Based Probiotics and Eat Dirt."](#) Blog Post. June 20.
- ["Healthy Strategies for Asthma and Eczema."](#) Blog Post. June 25.
- ["The Virtues of Coconut Oil."](#) Blog Post. June 30.
- ["Medical Mysteries Solved with Magnesium."](#) Blog Post. July 3.
- ["Hamburgers and Coconut Milk."](#) Blog Post. July 4.
- ["Taking Iodine for Your Thyroid."](#) Blog Post. July 7.
- ["Preventing & Treating Strokes and TIAs."](#) Blog Post. July 12.
- ["Making the Nightshades Less Deadly."](#) Blog Post. July 15.
- ["Settling Seizures."](#) Blog Post. July 21.
- ["Prescript Assist for Dogs, Cats & Squirrels."](#) Blog Post. July 27.
- ["Magnesium for Horses & Humans."](#) Blog Post. July 29.
- ["Magnesium & Arthritis."](#) Blog Post. Aug 5.
- ["Magnesium & Water."](#) Blog Post. Aug 8.
- ["Clay and Magnesium for Osteoarthritis."](#) Blog Post. Aug 16.
- ["Curing Colitis with the SCD Diet."](#) Blog Post. Aug 24.



["Consumer Reports Disses Magnesium."](#) Blog Post. Aug 27.

["Healing Back Pain Naturally."](#) Blog Post. Sept 2.

["Questions about Water Quality."](#) Blog Post. Sept 3.

["Join the Back Pain Teleseminar."](#) Blog Post. Sept 5.

["Eat Dirt, It's Organic!"](#) Blog Post. Sept 7.

["Drugs versus Magnesium."](#) Blog Post. Sept 10.

["Beneficial Mucus Elimination \(BME\) Weight Loss Cure!"](#) Blog Post. Sept 13.

["It's All About Lifestyle."](#) Blog Post. Sept 15.

["Medicalizing Sleeplessness."](#) Blog Post. Sept 17.

["Fallout from the Flu."](#) Blog Post. Sept 21.

["Healing with Herbs."](#) Blog Post. Sept 23.

["Healthy Snacking."](#) Blog Post. Sept 26.

["Too Much Medicine."](#) Blog Post. Sept 28.

["Detoxing Menopause."](#) Blog Post. Sept 30.

["Treating Colds and Flus."](#) Blog Post. Oct 6.

["Bad News Travels Fast!"](#) Blog Post. Oct 12.

["In Support of Supplements."](#) Blog Post. Oct 14.

["Preventing the Spread of Colds and Flus"](#) Blog Post. Oct 15.

["Magnesium Review on Amazon."](#) Blog Post. Oct 20.

["Bad Medicine, Good Medicine."](#) Blog Post. Oct 24.

["20% Off Magnesium's Little Helpers."](#) Blog Post. Oct 28.

["Magnesium the Vindicatable Mineral."](#) Blog Post. Nov 1.

["The Bugs Won!"](#) Blog Post. Nov 4.

["Managing Menopause."](#) Blog Post. Nov 9.

["Just Take Your Magnesium."](#) Blog Post. Nov 16.

["Don't Listen to the Media."](#) Blog Post. Nov 18.

["End Your Sugar Cravings."](#) Blog Post. Nov 25.

["First Do No Harm."](#) Blog Post. Dec 2.

["Wellness Is At Hand."](#) Blog Post. Dec 6.

["Healthy Holiday Presents."](#) Blog Post. Dec 8.

["Coffee Cancels Magnesium."](#) Blog Post. Dec 11.

["Miracles for the Holidays."](#) Blog Post. Dec 13.

["Time for a Coffee...Enema."](#) Blog Post. Dec 18.

["Jazz Up Your Clay Baths."](#) Blog Post. Dec 23.

["Tools For An Uplisting New Year."](#) Blog Post. Dec 29.

### **2010: Doctor of the Future Blog Posts**

["My Top 12 Wellness Predictions for 2010 \(Part 1\)."](#) Blog Post. Jan 4.

["The Tomato Sauce Did It."](#) Blog Post. Jan 6.

["My Top 12 Wellness Predictions for 2010 \(Part 2\)."](#) Blog Post. Jan 8.

["My Top 12 Wellness Predictions for 2010 \(Part 3\)."](#) Blog Post. Jan 13.

["2010 – The Year Without Orange Juice?"](#) Jan 16.

["How the Island from LOST Cured Rose of Cancer."](#) Jan 19.

["Is Milk Good For You?"](#) Blog Post. Jan 21.

["Reflections on the H1N1 Hysteria of 2009."](#) Blog Post. Jan 23.

- ["How John Locke Went from Paraplegic to Boar Hunter."](#) Blog Post. Jan 26.
- ["Madagascar Motivation."](#) Blog Post. Jan 30.
- ["LOST Flashbacks and EFT."](#) Blog Post. Feb 2.
- ["5 Food Poisoning Remedies."](#) Feb 11.
- ["Nightcaps, Sleeping Drugs and Magnesium."](#) Blog Post. Feb 18.
- ["Big Pharma Defectors."](#) Blog Post. Feb 20.
- ["2010 World Tapping Summit."](#) Blog Post. Feb 21.
- ["Who Says Cell Phones Are So Dangerous, Anyways."](#) Blog Post. Feb 23.
- ["Four Ways to Stop Magnesium from Causing Diarrhea."](#) Blog Post. Feb 24.
- ["Why Avandia-Style Drugs Can't Cure High Blood Sugar."](#) Blog Post. Feb 25.
- ["Under-the-Radar Television Propaganda."](#) Blog Post. Feb 26.
- ["Does Fruit Spike Your Blood Sugar and Cause Diabetes?"](#) Blog Post. Feb 27.
- ["Experience the Healing Vibrations of LOST's Island in Your Own Backyard."](#) Mar 2.
- ["Why the TV News Loves Tsunamis."](#) Blog Post. Mar 3.
- ["The Proof is in the Pooh: Why Healthy Bowel Movements Reflect a Healthy Lifestyle."](#)  
Blog Post. Mar 4.
- ["Easy Orgasms: An Unexpected Side Effect of Magnesium."](#) Blog Post. Mar 5.
- ["Sleep, Bowel Movements and That Warring Tribe Across the River."](#) Blog Post. Mar 6.
- ["I've Left Hawaii."](#) Blog Post. Mar 12.
- ["When I Was a Teen Supplement Companies Didn't Exist."](#) Blog Post. Mar 18.
- ["How Daylight Savings Time Can Help You Sleep Deeper."](#) Blog Post. Mar 19.
- ["Helping Out My Mucous Membranes."](#) Blog Post. Mar 20.

- ["Photos From the Healing Miracles Event."](#) Blog Post. Mar 22.
- ["Boar and Bananas."](#) Blog Post. Mar 23.
- ["Loving Future Health Now!"](#) Blog Post. Apr 6.
- ["Mike Adams, Man of the Year."](#) Blog Post. Apr 7.
- ["Dissing The China Study."](#) Blog Post. Apr 9.
- ["The Proof is in the Pooh: Part 2."](#) Apr 13.
- ["Dr. Leonard Coldwell: Our Instincts Rule."](#) Blog Post. Apr 14.
- ["Sleep, Bowel Movements and that Warring Tribe Across the River: Part 2."](#) Blog Post. Apr 16.
- ["What about Magnesium in Milk of Magnesia?"](#) Blog Post. Apr 20.
- ["Join Me for Videos and Radio Shows."](#) Blog Post. Apr 21.
- ["What Brings Tears to My Eyes."](#) Blog Post. Apr 23.
- ["Magnesium Cures Anxiety and Heart Palpitations."](#) Blog Post. Apr 27.
- ["Charlie Brown Cares about Your Teeth."](#) Blog Post. Apr 28.
- ["Can Clay Treat MRSA Infections?"](#) Blog Post. Apr 30.
- ["Stand Back and Watch the Miracle Working Power of Magnesium."](#) Blog Post. May 4.
- ["Don't Kiss Your Vitamins Goodbye!"](#) Blog Post. May 4.
- ["Why I Hate Calcium."](#) Blog Post. May 18.
- ["Our Right to Drink Raw Milk."](#) Blog Post. 19.
- ["The Ongoing Diet Debate."](#) Blog Post. May 19.
- "You're Free To Be Healthy!" Blog Post. May 20.
- ["Chemicals Cause Cancer! Duh!"](#) Blog Post. May 21.

["Ding Dong The Witch is Dead."](#) Blog Post. May 25.

["Save Our Salt!"](#) Blog Post. May 26.

["Real Rhythm and Blues without Magnesium."](#) Blog Post. May 28.

["Gimme Some Free Magnesium."](#) Blog Post. June 1.

["I Have A Small Brain and I Intend To Use It!"](#) Blog Post. June 2.

["The Back Feels What The Back Feels."](#) Blog Post. June 4.

["Gauging Magnesium Deficiency Symptoms."](#) Blog Post. June 8.

["Detoxing Drugs and Chemicals."](#) Blog Post. June 9.

["Do It Yourself Magnesium Miracles!"](#) Blog Post. June 11.

["Magnesium for PMS and Painful Periods."](#) Blog Post. June 15.

["Why Kill Your Stomach Acid?"](#) Blog Post. June 16.

["The Ho'oponopono Prayer."](#) Blog Post. June 18.

["Magnesium and Commercial Interests."](#) Blog Post. June 22.

["FortiSalt, A Fantastic Salt Substitute."](#) Blog Post. June 23.

["Save The Stomach!"](#) Blog Post. June 25.

["Magnesium Deficiency Staggers, Tremors and Spasms."](#) Blog Post. June 29.

["The Doctor of the Future."](#) Blog Post. June 30.

["Surviving A Hospital Stay."](#) Blog Post. 6.

["Surviving Medical Testing: Cystoscopy and Catheters."](#) Blog Post. July 7.

["Recommended Supplements, Products, Information and Affiliates."](#) Blog Post. July 9.

["Cholesterol Is Not the Enemy."](#) Blog Post. July 13.

- ["LXD: Dancing Superheros."](#) Blog Post. July 14.
- ["Forget About Fluoride."](#) Blog Post. July 16.
- ["Don't Settle For Stiffness."](#) Blog Post. July 20.
- ["Crippled at Sixteen."](#) Blog Post. July 21.
- ["Treating Arthritis Naturally."](#) Blog Post. July 22.
- ["Are You Buying Fear?"](#) Blog Post. July 27.
- ["A Natural Resource for Crohn's and Colitis."](#) Blog Post. July 28.
- ["Living Without Acne."](#) Blog Post. July 30.
- ["Cancel the Calcium."](#) Blog Post. Aug 3.
- ["Putting Off Pain."](#) Blog Post. Aug 4.
- ["Scouting Out Your Supplements."](#) Blog Post. Aug 5.
- ["Toss the Tylenol and Take Natural Pain Remedies."](#) Blog Post. Aug 9.
- ["Overtreating Your Heart with Supplements."](#) Blog Post. Aug 10.
- ["Treating Coffee Addiction Naturally."](#) Blog Post. Aug 12.
- ["Sleeping With The Enemy."](#) Blog Post. Aug 16.
- ["All Hair Homeopathy."](#) Blog Post. Aug 17.
- ["Make My Menopause Stop!"](#) Blog Post. Aug 19.
- ["Just Say No To Drugs."](#) Blog Post. Aug 23.
- ["Why Accept Fake Water."](#) Blog Post. Aug 24.
- ["Change Your Life With Magnesium."](#) Blog Post. Aug 26.
- ["Dealing with Diabetes."](#) Blog Post. Aug 30.

- ["Take Your Gall Bladder Back."](#) Blog Post. Aug 31.
- ["Caring For Your Cholesterol."](#) Blog Post. Sept 2.
- ["Gluten Glues Up My Guts."](#) Blog Post. Sept 6.
- ["The Eyes Have It!"](#) Blog Post. / Sept 7.
- ["Gift Giveaway-Tuesday September 14, 2010."](#) Blog Post. Sept 10.
- ["Magnesium is Made for Muscles."](#) Blog Post. Sept 10.
- ["Tuesday September 14, 2010 Giveaway."](#) Blog Post. Sept 13.
- ["Magnesium and Sex."](#) Blog Post. Sept 14.
- ["The Future of Medicine."](#) Blog Post. Sept 16.
- ["Funky Fungal Feet."](#) Blog Post. Sept 20.
- ["Your Future Is Now!"](#) Blog Post. Sept 21.
- ["Treating Toenail Fungus."](#) Blog Post. Sept 27.
- ["What Your Doctor Doesn't Know."](#) Blog Post. Sept 27.
- ["How I Found Magnesium."](#) Blog Post. Sept 28.
- ["Should Kids Take Magnesium?"](#) Blog Post. Oct 1.
- ["Diet and Dementia."](#) Blog Post. Oct 4.
- ["Magnesium Treats Headaches."](#) Blog Post. Oct 5.
- ["Chelating with Clay and Magnesium."](#) Blog Post. Oct 7.
- ["The Benefits of the Future, Now."](#) Blog Post. Oct 11.
- ["Make Magnesium Work with Your Bowels."](#) Blog Post. Oct 12.
- ["Clay For Detox and Infections."](#) Blog Post. Oct 14.

["The Failure of Gene Therapy."](#) Blog Post. Oct 19.

["Clay Unclogs Your But Doesn't Clog Your Drain."](#) Blog Post. Oct 19.

["Magnesium Goes with Everything."](#) Blog Post. Oct 22.

["40% Incidence of Diabetes in Dubai."](#) Blog Post. Nov 2.

["Magnesium in the Military."](#) Blog Post. Nov 5.

["Magnesium for P.O.T.S."](#) Blog Post. Nov 15.

["Does Clay Pull Out Minerals?"](#) Blog Post. Nov 23.

["Food Based Supplements Are Best."](#) Blog Post. Nov 29.

["A Free Webinar: Magnesium and Our Health."](#) Blog Post. Dec 1.

["Vitamin D, Magnesium and Our Bones: Free Webinar."](#) Blog Post. Dec 7.

["Airport Healthcare."](#) Blog Post. Dec 10.

["Holiday Special."](#) Blog Post. Dec 12.

["No Value from Flu Vaccine?"](#) Blog Post. Dec 14.

["Calm Kids for the Holidays."](#) Blog Post. Dec 20.

["Hurt by Hormones."](#) Blog Post. Dec 24.

["Here's to Magnesium."](#) in 2011. Dec 31.

## **2009: Doctor of the Future Blog Posts**

["A Firefighter Would Never Get Away with this...But Most Doctors Do."](#) Blog Post." Jan 27

["The Pharmacological Snowball Effect."](#) Blog Post. Feb 5

["My 1.2 Trillion Milligram Magnesium BAILOUT Plan."](#) Blog Post. Feb 13.

["Would You Travel 9,600 Kilometers JUST to Have Dinner?"](#) Blog Post. Feb 19.



- ["Recession-Pinched Flock to KFC for Sugar-Coated Protein."](#) Blog Post. Feb 27.
- ["A Raw Food Diet Doesn't Stay Raw for Long."](#) Blog Post. Mar 6.
- ["An Anti-Stress and Anti-Fungal Recipe: Raw Nut and Seed Pâté."](#) Blog Post. Mar 7.
- ["Is The FDA Really at War with Natural Health."](#) Blog Post. Mar 13.
- ["Am I a Natural Health Outlier? \(Part 1\)."](#) Blog Post. Mar 23.
- ["Am I a Natural Health Outlier? \(Part 2\)."](#) Blog Post. Mar 28.
- ["IBS for Dummies: The Saga Continues..."](#) Blog Post. Apr 4.
- ["Onion Skins and Easter Eggs: Free and Natural Egg Dying Trick."](#) Blog Post. Apr 11.
- ["A Prescription Drug for the Annoyingly Cheerful."](#) Blog Post. Apr 17.
- ["The War on Homegrown Tarragon."](#) Blog Post. Apr 23.
- ["Victory Gardens Over Factory Farming."](#) Blog Post. May 2.
- ["Why This Doctor of Pharmacology Stopped Taking Drugs."](#) Blog Post. May 8.
- ["The Hunter and the Farmer Approach to Controlling Yeast Overgrowth."](#) Blog Post. May 12.
- ["The Red Wind Liver Cleanse?"](#) Blog Post. May 16.
- ["My Goodness! Don't Take Magnesium With That.""](#) Blog Post. May 23.
- ["No Choice But to Burn Your House."](#) Blog Post. May 26.
- ["What a Bad Doctor I Was."](#) Blog Post. May 27.
- ["Flu Shot Makes Children Three Times as Likely to End up in Hospital."](#) Blog Post. May 28.
- ["Cure Anxiety with Depression."](#) Blog Post. May 29.
- ["Win a One-Year Membership in My Foundation of Health Program."](#) Blog Post. June 1.
- ["Billy Best's Herbal Infusion Worked for My First Cancer Patient."](#) Blog Talk. June 5.

["Canada's Cancer Nurse Cured Thousands."](#) Blog Post. June 11.

["Are you Afraid Your Doctor Will Get Mad At You?"](#) Blog Post. June 18.

["The Evolution of Motherhood Has Arrived."](#) Blog Post. June 20.

["Never Cry PIG!"](#) Blog Post. June 23.

["Eight Runner-Ups for the Name-My-Health-Program Contest."](#) Blog Post. June 25.

["My Three Horsepower Blender, Real Health Reform, Curing Lung Cancer & More..."](#) Blog Post. June 30.

["Two Finalists."](#) Blog Post. July 2.

["A Letter From a 19-Year-Old Suffering From Candida."](#) Blog Post. July 7.

["Three Winners with the Aid of Atmospheric Noise."](#) Blog Post. July 11.

["Why The Swine Flu VACCINE May Be More Dangerous Than the VIRUS."](#) Blog Post. July 15.

["Six Possible Reasons Why the Government Would Enforce a Potentially Dangerous Vaccine."](#) Blog Post. July 16.

["How to Deal with an H1N1 Vaccine Pushing Doctor."](#) Blog Post. July 17.

["Future Health Now! Starts Today."](#) Blog Post. July 17.

["How to Keep Your Kids Away From the Swine Flu Vaccine."](#) Blog Post. July 18.

["What To Do If You Can't Avoid the H1N1 Flu Shot?"](#) Blog Post. July 20.

["Three Ways to Avoid or Reduce Vaccine Reactions."](#) Blog Post. July 21.

["Why My Father Let Lung Cancer Take Him Away."](#) Blog Post. July 22.

["No Genes are Bad Genes."](#) Blog Post. July 23.

["Are Bluetooth Headsets Safe?"](#) Blog Post. July 24.

["Are Air Tube Headsets Better for Your Health?"](#) Blog Post. July 26.

- ["Magnesium Saves Man from Gagging \(Part 1\)." Blog Post.](#) July 28.
- ["Magnesium Saves Man from Gagging \(Part 2\)." Blog Post.](#) July 29.
- ["Healing with Pen and Paper." Blog Post.](#) July 30.
- ["Explaining Jeff's Back Ally Magnesium Miracle." Blog Post.](#) Aug 3.
- ["Important Update: An Easier Way to Join Future Health Now!" Blog Post.](#) Aug 4.
- ["Why Newborn Babies Get Life-Threatening Diseases." Blog Post.](#) Aug 5.
- ["Are You Saturated with Magnesium Information?" Blog Post.](#) Aug 7.
- ["Why's There So Much Contradictory Diet Advice?" Blog Post.](#) Aug 12.
- ["Three Audio Interviews on Fitness, Magnesium, IBS and EFT." Blog Post.](#) Aug 14.
- ["Making Sure You Get What You Pay For." Blog Post.](#) Aug 21.
- ["Man Starves to Death on Organic Food." Blog Post.](#) Aug 26.
- ["How Other Cultures Use the John." Blog Post.](#) Aug 27.
- ["Making Deposits in Your Health Account." Blog Post.](#) Aug 29.
- ["My Exercise Routine \(AKA Scheduled Play Time\)." Blog Post.](#) Aug 31.
- ["High Unemployment Benefits TV Networks." Blog Post.](#) Sept 1.
- ["Three Health Lessons From McDonald's." Blog Post.](#) Sept 2.
- ["Master Your DNA." Blog Post.](#) Sept 3.
- ["Government Hysteria Versus Common Sense." Blog Post.](#) Sept 4.
- ["Magnesium Saves Kittens from Shelter." Blog Post.](#) Sept 7.
- ["Is Exercise a Luxury?" Blog Post.](#) Sept 9.
- ["My 911 Experience in New York." Blog Post.](#) Sept 11.

["The White House's Organic garden Isn't Doing So Well."](#) Blog Post. Sept 14.

["No Health Benefits to Organic Food?"](#) Blog Post. Sept 16.

["One of the Most Eminent Geniuses in the History of Medicine."](#) Blog Post. Sept 18.

["McDonald's Manager Leaves the Dark Side."](#) Blog Post. Sept 21.

["Get Module One of Future Health Now! Without Opening Your Wallet."](#) Blog Post. Sept 22.

["India's Government Embraces What Worked in Previous Epidemics."](#) Blog Post. Sept 23.

["Food Fascism."](#) Blog Post. Sept 25.

["84-Square Foot Dream House."](#) Sept 28.

["Mercury Fillings Are Safe After All!"](#) Blog Post. Sept 30.

["Sleep Your Way to Einstein Status."](#) Blog Post. Oct 2.

["Am I Too Hard On Mainstream Medicine? \(Part 1\)."](#) Blog Post Oct 5.

["Am I Too Hard On Mainstream Medicine? \(Part 2\)."](#) Blog Post Oct 7.

["Five on Friday: H1N1 Homeopathy, the Polypill, Kidney Stones, Anxiety Outbreak & Nut Pâté."](#) Blog Post Oct 9.

["No Time to Exercise."](#) Blog Post Oct 13.

["Five on Friday: Teleseminar Recording, H1N1 Jabbing Docs, Bailout Music Video, FDA Sued & My Baby Photo."](#) Blog Post Oct 16.

["No H1N1 Vaccine for Dr. Oz's Kids."](#) Blog Post Oct 21.

["Inadequate Eyelashes: A Life Threatening Condition – Cured!"](#) Blog Post. Oct 29.

["Health of America: 2011."](#) Blog Post. Nov 6.

["7 Darn Good Reasons Why You Need NOT Fear the Swine Flu."](#) Blog Post. Nov 18.

["I Don't Care What You Eat."](#) Blog Post. Nov 25.

["TV for the Sick."](#) Blog Post. Dec 2.

["My Food Poisoning Experience."](#) Blog Post. Dec 16.

["Healthy Brown Rice Pudding for Christmas Morn."](#) Blog Post. Dec 24.

["Microscopic Holiday Feasting."](#) Blog Post. Dec 26.

["The Darkest Day of the Year Atop a Mountain Taller Than Mount Everest."](#) Blog Post. Dec 28.

["Faking Our Foods."](#) Blog Post. Dec 29.

["Whodunit? Seven Food Poisoning Suspects..."](#) Blog Post. Dec 30.

## **WEBINARS, TELESEMINARS, LECTURES, SPEAKING ENGAGEMENTS, BOOK SIGNING**

2012: "Death by Modern Medicine: Detox and Rejuvenate Instead." Health Freedom Expo. Long Beach. Mar 3.

"Food as Medicine Panel." Health Freedom Expo. Long Beach. Mar 4.

["Potential Health Risks of Imbalanced Mineral Consumption."](#) Teleseminar with The HealthLady, Nancy Desjardins. June 5.

"Death by Modern Medicine." Health Freedom Expo, Chicago. June 15.

"George Noory Panel with Leonard Coldwell, Jonathan Emord, Marylu Henner. June 16.

"Death by Magnesium Deficiency." Health Freedom Expo, Chicago. June 17.

"Food as Medicine Panel with Jeffrey Smith, Morley Robbins. June 17

2011: [Hormone Balance Teleseminar](#) with Nancy DeJardins. Oct 13.

2010: ["Magnesium and Our Health"](#) with Dr. Lani Simpson. Dec 8.

2008: "The Miracle of Magnesium" at the Natural Gourmet Institute, NY. Jan 13.

"The Future of Food" at the Natural Gourmet Institute, NY. Jan 13.

"Magnesium Deficiency" Webinar for Jigsaw Health. Jan 15. Archived at [www.jigsawhealth.com/carolyn-dean.aspx](http://www.jigsawhealth.com/carolyn-dean.aspx)

"Irritable Bowel Syndrome and Digestive Disorders" at the Natural Gourmet Institute, NY. Feb 4.

"Winning the Battle Against Candida (Yeast Overgrowth) " at the Natural Gourmet Institute, NY. Feb 24.

"Preventing Diabetes" at the Natural Gourmet Institute, NY. Feb 24.

["Depression and Yeast" Webinar for Jigsaw Health.](#)" Feb. 29.

"Death by Modern Medicine: Seeking Safe Solutions" Total Health Convention, Toronto. Apr 19.

["Natural Approach to Preventing Diabetes."](#) for Jigsaw Health. Webinar archive.

"Living the Spa Life at Home" Total Health Convention, Toronto. Apr 20.

"Treatment for Anxiety and Depression" Webinar archived at [www.naturalproductsinsider.com](http://www.naturalproductsinsider.com). June 12.

2007: "Winterize Your Health" City Island, NY. Jan 16.

"Safe and Simple Supplements" City Island, NY. Feb 20.

"Magnesium for Musicians" Local 892 Musicians Union, New York. Feb 28.

"IBS and the Diet Connection" at the Natural Gourmet Institute, NY. Mar 11.

"Yeast Gone Wild" at NaturTyme Health Fair, Syracuse. Mar 25.

"Magnesium Miracle and Yeast Connection" [www.thatradio.com](http://www.thatradio.com). Apr 10

"Magnesium Miracle and Yeast Connection" CHRY FM, Toronto. Apr 12.  
[www.thatradio.com](http://www.thatradio.com).

"Yeast Gone Wild" at Total Health Convention, Toronto. Apr 14.

"The Magnesium Miracle" at Total Health Convention, Toronto Apr 15.

"Yeast and the Diet Connection" at the Natural Gourmet Institute, NY. May 5.

"Summer Health" City Island, NY. June 7.

"The Magnesium Miracle" Amarillo, TX. Aug 11.

"The Yeast Connection" Amarillo, TX. Aug 11.

"The Magnesium Miracle" Canadian Health Products Association Convention. Toronto. Sept 7.

"The Magnesium Miracle" at Oh Goodness Me Health Food Store. Hamilton, Ontario. Sept 7.

"IBS and the Diet Connection" at the Natural Gourmet Institute, NY. Sept 16. Keynote at T-Tapp Convention. Tampa Florida. Oct 5.

"Avoiding The Prescription Trap" at The Health Food Center, Oklahoma City, Oct 11.

"Autism Can be Cured" at The Health Food Center, Oklahoma City, Oct 14.

2006: "IBS for DUMMIES." Total Health Convention, Toronto. April 1, 2.

"The Yeast Connection and Women's Health." Total Health Convention, Toronto. April 1, 2.

"Codex Update Panel." Total Health Convention, Toronto. April 1, 2.

"Codex Food Laws and Health" at The Natural Gourmet Institute, NY. Mar.

"Good Food Bad Food: Diet and Detox" Temple Beth-El of City Island, NY. Aug 24.

"Digestive Health" City Island, NY. Oct.

"Candida and Dietary Intervention" at The Natural Gourmet Institute, NY. Oct 28.

"The Power of Natural Healing" City Island, NY. Dec 5.

2005: "Death by Modern Medicine." Total Health Convention, Toronto. April 1, 2.

"The Miracle of Magnesium." Total Health Convention, Toronto. April 1, 2.

"Codex Panel." Total Health Convention, Toronto. April 1, 2.

"Raw Food Diet Panel." Total Health Convention, Toronto. April 1, 2.

"Detoxification." Breast Cancer Options Convention. Vassar College. May 7.

"The Safety of Dietary Supplements." Health Standing Committee, Canadian Parliament. Ottawa. May 12.

International Society for Orthomolecular Medicine, Nutritional Medicine Today. Ottawa. "Death by Modern Medicine." May 13.

- "Death by Modern Medicine" sponsored by FIONS, New York. Sept. 28.
- "Hormone Balance" Whole Life Expo, Toronto. Nov.
- "Irritable Bowel Syndrome" Whole Life Expo, Toronto. Nov.
- 2004: "Women's Health" for the Women's Leadership Exchange Spa Retreat, Wyndham El Conquistador Resort and Golden Door Spa, Puerto Rico. Jan 8-11.
- Body Rejuvenation Cleanse Seminars. Jan 13, 27, Feb 10, 17.
- "Alzheimer's and Autism." Total Health Convention, Toronto. Mar 20-21.
- "Death by Medicine." Total Health Convention, Toronto. Mar 20-21.
- "The Politics of Health." Total Health Convention, Toronto. Mar 20-21.
- Integrative Medicine. The Ithaca/Syracuse Asian Medical Society. Apr 10.
- 2003: Body Rejuvenation Cleanse Seminars. Jan 8, Jan 22, Feb 5, Feb 12.
- Book Signing The Miracle of Magnesium at Starving Artist Gallery, Bronx, NY. Feb 8.
- Body Rejuvenation Cleanse seminars. Mar 12, Mar 26, Apr 9, Apr 16.
- "The Miracle of Magnesium" at Tea and Empathy. Bronx, NY. Apr 12.
- 2002: "Heavy Metals Testing and Treatment." New York, Jan.
- "The Infectious Basis of Toxicity." Toronto, Mar.
- "Childhood Sleep Disorders." LOBLAWS, Britannia Market, In-Store Seminar. Apr 26.
- "Childhood Sleep Disorders." Baby Time Show, International Centre, Mississauga. Apr 26.
- "Childhood Teething Problems." Baby Time Show, International Centre, Mississauga. Apr 27.
- "Natural Solutions to Common Childhood Ailments." Hampton Inn & Suites, Calgary. May 1.
- Book Signing. Community Natural Foods, Calgary, May 2.
- "Hyperactivity and ADHD." and "Childhood Sleep Disorders." Mom's and Tots Fair. Edmonton. May 4.
- "Health Q & A." at Tea and Empathy, Bronx, NY. Sept 28.



- Guest lecture at the Institute of Integrative Medicine Post Grad course. Topics: client healer relationship, central principles of homeopathy, weight loss secrets, the miracle of magnesium. Oct 26.
- Body Rejuvenation Cleanse Seminars, Oct 4, Oct 18, Nov 1, Nov 8.
- 2001: "Families for a Safe Food Supply." Canadian Natural Health Products Association Annual Meeting. Sept  
"Heavy Metals Testing and Treatment." Portland, Dec.
- 2000: "Staying Healthy On The Road." Natural Health Magazine, Staff Retreat. Kirpalu. Apr 10.
- 1999: "Nutrition Module" PS-31 with Children's Movement for Creative Expression. Feb 23.  
  
"Food Therapy" Maryland Medical Society, What is Complementary Medicine? Conference. Sept 26.
- Publicity appearance for Natural Health Magazine at the Baltimore Health Products Trade Show. Oct 21-23.
- "The Politics of Sugar and Aspartame" Whole Life Expo. Toronto. Oct 27.
- "Sweet Poisons: Sugar and Aspartame: Whole Life Expo. Toronto. Oct 28.
- 1998: "Clinical Herbology " Workshop. King of Prussia, PA. For NY Chiropractic College Postgraduate and Continuing Education. May 2-3.  
  
"Healing Recipes" Workshop. Annapolis MD. June 20.  
  
"Complementary Medicine Approaches to Domestic Violence". American Medical Women's Association. New Orleans. Nov 20.  
  
"Clinical Herbology" Workshop. Long Island, NY Chiropractic College Postgraduate and Continuing Education. Dec 20-21.
- 1997-9 Twice monthly weekend seminars with Jeffrey Yuen, transcribing and preparing transcripts and information for publication.
- 1996: "Alternative Medicine and Pediatrics." American Medical Women's Association. Annual Meeting. Boston. Nov 2.
- 1995: "Complementary Natural Prescriptions for Common Ailments." Mrs. Green's Natural Market. Oct 16.

1991: "Candidiasis and Chronic Fatigue, the Toxic Overload." Monthly Open House at The Candida Research and Information Foundation.

"Candidiasis and Its Impact On Myalgic Encephalitis." Oakville ME/CFS Support Group. Feb 7.

"Your Body: Handle With Care." The Board of Education for the City of York. Staff Development. Humor: A Positive Force. Feb 27, 28.

"Candidiasis and ME." Toronto ME/CFS Support Group. Spring Meeting.

"The Immune System." Burlington ME/CFS Support Group. Summer Meeting.

"We Are The Experiment." Orangeville. ME/CFS Support Group. Summer.

1990: Monthly Open House at The Candida Research and Information Foundation.

"Decoding Diets." Public Lecture. Halifax. Mar 10.

"We Are The Experiment." Wellness Workshop Series. The McGill Club. Apr 1.

"Candidiasis." Public Lecture. The Omega Center. May 3.

"Balanced Bodies Balanced Environment." Guest speaker. Department of Education. Apr 24.

"We Are The Experiment." Public Lecture. Total Health Convention. Apr 28.

"We Are The Experiment: Candidiasis." Public Lecture. Elmwood Club. May 8.

"Candida and The Immune System." Candida Research and Information Foundation Workshop. May 26.

"Natural Medicine." Private presentation to doctors at the Nishnobi Clinic. May 29. With Dr. Carolyn DeMarco.

"We Are The Experiment." Keynote Speaker. Ontario Massage Therapy Association Annual Meeting. June 10.

"Candida-HIV and The Immune System." Public Lecture. HIV Conference. Harbor Front. Oct 21.

"Environment, Allergies and Candida." Public Lecture. Elmwood Club. Oct 21.

"We Are The Experiment." Public Lecture. Metro Convention Center: The Environmental Show. Oct 23.

- "Allergies and Candida." Public Lecture. Whole Life Expo. Harbour Front. Oct 28.
- "CFS/ME." Ministry of Government Services, Employee Health and Safety Services Branch. Interministerial Rehabilitation Team meeting. Dec 14.
- 1989: "Risky Business? Making Choices for the 21st Century: Pathways to Health." Government Management Board Secretariat Staff. Workshop on Nutrition, Fitness and Health. Geneva Park YMCA Conference Centre, Orillia, Ontario. June 27.
- "Candida Syndrome and HIV." Holistic Health and HIV Symposium. Oct 22.
- 1988: "Bridging the Gap Between Conventional and Holistic Medicine." Keynote Speaker. The Multiple Sclerosis Society Series on Nutrition. Mar 28.
- "Boosting the Immune System." Public Lecture. Sir Charles Tupper Medical Building, Halifax, Nova Scotia. Apr 22.
- "Bridging the Gap Between Conventional and Holistic Medicine." Public Lecture. The Elmwood Club, Toronto. May 13.
- "A Matter of Health." Seminar. The Elmwood Club, Toronto. May 14.
- 1987: "Premenstrual Tension and Candidiasis." Total Health Convention. Royal York Hotel, Toronto. Mar 6.
- "Ongoing Studies on Candidiasis and Medical Management of Candidiasis." Candida Conference. University of Toronto. Apr 25.
- 1987: "Nutrition: The Difference It Makes." Women's College Hospital. Menopause Symposium: Exploring "The Change": Women Making Choices. Sept 26.
- "The Total Approach to Candida" and "PMS - The Holistic Viewpoint" (two lectures). The Women's Show. Dec 12.
- "Keynote Presentation." Candida Foundation Christmas Gala. Dec 13.
- 1986: "Premenstrual Tension." Mount Sinai Hospital.
- "The Body Percept in Electric Times." Special Guest Speaker. Public Lecture: A Picture of Health on Women's Health Issues. May 27.
- "Boosting the Immune System: Taking Responsibility." Seminar. Dalhousie University. June 18.
- "We Are The Experiment." Public Lecture. The Elmwood Club, Toronto.
- "We Are The Experiment." Public Lecture. The McGill Club.

**WEBINARS**

2010: Magnesium and Your health with Dr. Lani Simpson. Dec 8.  
Vitamin D and Your Health with Dr. Lani Simpson. Dec 15.

2008 ["The Link Between Yeast and Depression."](#) Feb 18.

["The Natural Approach to Preventing Diabetes."](#) Mar 12.

2007 ["The Magnesium Miracle."](#) Nov 28.

**YOUTUBE**

2009: ["Magnesium Overview."](#)

["Calcium and Magnesium The Importance of Balance."](#)

["Calcium and Magnesium Absorption."](#)

["Magnesium deficiency and Children with ADHD."](#)

["Depression, Anxiety and Magnesium Deficiency."](#)

["Diabetes and Magnesium Deficiency."](#)

["Magnesium, Energy and the Athlete."](#)

["Magnesium and Heart Health."](#)

["Magnesium Deficiency Symptoms."](#)

["Magnesium and Stress, Sleep and Fatigue."](#)

2008 ["The Link Between Yeast and Depression."](#)

["The Natural Approach to Preventing Diabetes."](#)

**CONFERENCES ORGANIZED**

2003: Body Rejuvenation Cleanse. New York. Jan/Feb.

Body Rejuvenation Cleanse. New York. Mar/Apr.

Body Rejuvenation Teleconference Cleanse May/June

Body Rejuvenation Teleconference Cleanse July/Aug.

- 2002: Heavy Metals Testing and Treatment, New York, Jan.  
Body Rejuvenation Cleanse. New York. Oct/Nov.
- 2001: Heavy Metals Testing and Treatment, Portland, Dec.
- 1997: MIHR Training Seminars. New York. Mar.
- 1996: MIHR Training Seminars. New York. Mar, June.
- 1995: MIHR Training Seminars. New York. Mar, June, Nov.
- 1994: MIHR Training Seminar. New York. Sept.
- 1991: Darkfield Microscopy. Detroit. Sept 14-16.
- 1988: Immune System and Antibody Testing. Toronto. Dr. Wojdani. May 6-7.
- 1987: International Candida Conference. Toronto. Apr 25.

### **SPEAKING OUT**

- 2007: Organized local CSA Community Supported Agriculture
- 2006: Organized local CSA Community Supported Agriculture
- 2005: Organized local CSA Community Supported Agriculture  
Attended Codex Alimentarius, Rome, Italy as a board member of The National Health Federation International Non-Governmental Organization. July 4-9.
- 2004: Attended Codex Alimentarius, Bonn Germany as a delegate for Canada with Friends of Freedom, International Nov 1-5.  
Organized local CSA Community Supported Agriculture
- 2003: Organized local CSA Community Supported Agriculture
- 2002: Organized local CSA Community Supported Agriculture
- 2001-02: Ongoing activism to educate New Yorkers about detoxification.

- 2000-01: Ongoing community activism to halt the spraying of pesticides in NY.
- 1999: Community Board 2, and Community Board 7, Environment Committee.  
Testifying on hazards of blanket spraying of pesticides on NYC. Oct 5